



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Voigtmann, Katja

Club: Ichttershausen

Number: 1009

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 45:09

Speed: 13.29 km/h

Running performance: 4:31 min/km

Rank in course/Total: 133 (of 637)

Rank in course/Women: 5 (of 144)

Best time in course: 38:07

Rank in category: 3(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	9:48	4:54	7	1:21	20	2:28	2.00	9:48	4:54	23		5	2:28
Runde Langstrec	2.00	8:59	4:29	3	0:32	5	1:22	4.00	18:47	4:41	23		5	3:50
Runde Langstrec	2.00	8:50	4:25	3	0:29	4	1:04	6.00	27:37	4:36	23		5	4:54
Runde Langstrec	2.00	8:50	4:25	2	0:23	3	1:04	8.00	36:27	4:33	22		5	5:58
Leichtathletikh	2.00	8:42	4:20	3	0:24	4	1:04	10.00	45:09	4:30	3	3:09	5	7:02