



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Taurit, Matthias

Club: FSV Blau-Weiß 90 Stadtilm

Number: 1253

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 44:13

Speed: 13.57 km/h

Running performance: 4:25 min/km

Rank in course/Total: 109 (of 637)

Rank in course/Men: 105 (of 493)

Best time in course: 31:35

Rank in category: 24(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:09	4:34	37	2:41	137	2:52	2.00	9:09	4:34	29	2:41	73	2:52
Runde Langstrec	2.00	8:43	4:21	21	2:01	98	2:20	4.00	17:52	4:28	29	4:42	112	5:12
Runde Langstrec	2.00	8:43	4:21	18	1:51	82	2:15	6.00	26:35	4:25	29	6:33	112	7:27
Runde Langstrec	2.00	8:49	4:24	15	2:03	81	2:25	8.00	35:24	4:25	28	8:36	111	9:52
Leichtathletikh	2.00	8:49	4:24	27	2:02	119	2:46	10.00	44:13	4:25	24	10:38	105	12:38