



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kerber, Andreas

Club: TV 1848 Coburg

Number: 1103

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 45:31

Speed: 13.18 km/h

Running performance: 4:33 min/km

Rank in course/Total: 148 (of 637)

Rank in course/Men: 142 (of 493)

Best time in course: 31:35

Rank in category: 13(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	8:59	4:29	11	1:03	123	2:42	2.00	8:59	4:29	10			118	2:42
Runde Langstrec	2.00	9:07	4:33	14	0:50	153	2:44	4.00	18:06	4:31	10			98	5:26
Runde Langstrec	2.00	9:11	4:35	14	0:44	144	2:43	6.00	27:17	4:32	10			99	8:09
Runde Langstrec	2.00	9:12	4:35	13	0:41	127	2:48	8.00	36:29	4:33	10			100	10:57
Leichtathletikhal	2.00	9:02	4:30	15	0:49	142	2:59	10.00	45:31	4:33	13	3:59		142	13:56