



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Weißmann, Jakob

Club: ESSV

Number: 1639

Course: 10.00 km

Vintage VDB Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 45:40

Speed: 13.14 km/h

Running performance: 4:34 min/km

Rank in course/Total: 151 (of 637)

Rank in course/Men: 145 (of 493)

Best time in course: 31:35

Rank in category: 9(of 21)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	9:09	4:34	11	2:52	137	2:52	2.00	9:09	4:34	16			73	2:52
Runde Langstrec	2.00	8:44	4:21	8	2:14	102	2:21	4.00	17:53	4:28	16			143	5:13
Runde Langstrec	2.00	9:10	4:34	9	2:22	142	2:42	6.00	27:03	4:30	16			100	7:55
Runde Langstrec	2.00	9:20	4:40	9	2:33	154	2:56	8.00	36:23	4:32	16			142	10:51
Leichtathletikh	2.00	9:17	4:38	8	2:36	170	3:14	10.00	45:40	4:33	9	12:37		145	14:05