



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kretzer, Uta

Club: fit&run Weimar

Number: 1238

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 47:51

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course/Total: 200 (of 637)

Rank in course/Women: 13 (of 144)

Best time in course: 38:07

Rank in category: 1(of 25)

Best time in the category: 47:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde Langstrec	2.00	9:11	4:35	1	-	9	1:51	2.00	9:11	4:35	14			7	1:51
Runde Langstrec	2.00	9:26	4:43	1	-	9	1:49	4.00	18:37	4:39	14			7	3:40
Runde Langstrec	2.00	9:36	4:47	1	-	14	1:50	6.00	28:13	4:42	14			7	5:30
Runde Langstrec	2.00	9:49	4:54	1	-	16	2:03	8.00	38:02	4:45	23			7	7:33
Leichtathletikh	2.00	9:49	4:54	1	-	19	2:11	10.00	47:51	4:47	1	-		13	9:44