



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hoose, Karl-Georg

Club: SWE

Number: 1377

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 50:43

Speed: 11.83 km/h

Running performance: 5:04 min/km

Rank in course/Total: 277 (of 637)

Rank in course/Men: 252 (of 493)

Best time in course: 31:35

Rank in category: 47(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00 | 10:04 | 5:01 | 41 | 2:08 | 230 | 3:47 | 2.00 | 10:04 | 5:01 | 23 | | 169 | 3:47 |
| Runde Langstrec | 2.00 | 9:51 | 4:55 | 45 | 1:34 | 242 | 3:28 | 4.00 | 19:55 | 4:58 | 23 | | 169 | 7:15 |
| Runde Langstrec | 2.00 | 10:13 | 5:06 | 54 | 1:46 | 269 | 3:45 | 6.00 | 30:08 | 5:01 | 22 | | 168 | 11:00 |
| Runde Langstrec | 2.00 | 10:24 | 5:12 | 58 | 1:53 | 279 | 4:00 | 8.00 | 40:32 | 5:03 | 22 | | 167 | 15:00 |
| Leichtathletikh | 2.00 | 10:11 | 5:05 | 52 | 1:58 | 285 | 4:08 | 10.00 | 50:43 | 5:04 | 47 | 9:11 | 252 | 19:08 |