



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fritzwanker, Klaus

Club: Weimar
Number: 1213

Course: 10.00 km
Vintage VDB Lauf

Category:
Senioren M50 (50-59 Jahre)

Total time: 50:37

Speed: 11.85 km/h
Running performance: 5:04 min/km

Rank in course/Total: 273 (of 637)

Rank in course/Men: 249 (of 493)

Best time in course: 31:35

Rank in category: 46(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	9:22	4:41	22	1:26	168	3:05	2.00	9:22	4:41	26		179	3:05
Runde Langstrec	2.00	9:59	4:59	50	1:42	261	3:36	4.00	19:21	4:50	26		179	6:41
Runde Langstrec	2.00	10:18	5:09	58	1:51	279	3:50	6.00	29:39	4:56	25		178	10:31
Runde Langstrec	2.00	10:32	5:15	64	2:01	300	4:08	8.00	40:11	5:01	25		177	14:39
Leichtathletikhal	2.00	10:26	5:13	65	2:13	317	4:23	10.00	50:37	5:03	46	9:05	249	19:02