



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Thiele, Gabi

Club: WSV Ilmenau

Number: 1583

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 49:14

Speed: 12.19 km/h

Running performance: 4:55 min/km

Rank in course/Total: 237 (of 637)

Rank in course/Women: 17 (of 144)

Best time in course: 38:07

Rank in category: 2(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	9:56	4:58	3	0:15	21	2:36	2.00	9:56	4:58	25		11	2:36
Runde Langstrec	2.00	9:45	4:52	2	0:35	18	2:08	4.00	19:41	4:55	25		11	4:44
Runde Langstrec	2.00	9:46	4:53	2	0:32	17	2:00	6.00	29:27	4:54	24		11	6:44
Runde Langstrec	2.00	9:56	4:58	2	0:42	17	2:10	8.00	39:23	4:55	22		11	8:54
Leichtathletikh	2.00	9:51	4:55	3	0:52	20	2:13	10.00	49:14	4:55	2	2:54	17	11:07