



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Merten, Wolfgang

Club: Erfurt
Number: 1241

Course: 10.00 km
Vintage VDB Lauf

Category:
Senioren M60 (60-69 Jahre)

Total time: 49:33

Speed: 12.11 km/h
Running performance: 4:58 min/km

Rank in course/Total: 244 (of 637)

Rank in course/Men: 227 (of 493)

Best time in course: 31:35

Rank in category: 3(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	9:58	4:59	3	1:30	220	3:41	2.00	9:58	4:59	22			163	3:41
Runde Langstrec	2.00	9:53	4:56	3	1:06	250	3:30	4.00	19:51	4:57	22			194	7:11
Runde Langstrec	2.00	9:54	4:57	3	0:58	229	3:26	6.00	29:45	4:57	22			193	10:37
Runde Langstrec	2.00	9:58	4:59	3	0:59	223	3:34	8.00	39:43	4:57	21			192	14:11
Leichtathletikhal	2.00	9:50	4:55	3	1:02	245	3:47	10.00	49:33	4:57	3	5:35		227	17:58