



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hülle, Jörg

Club: Alkersleben

Number: 1462

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 48:50

Speed: 12.29 km/h

Running performance: 4:53 min/km

Rank in course/Total: 226 (of 637)

Rank in course/Men: 211 (of 493)

Best time in course: 31:35

Rank in category: 60(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	9:53	4:56	55	3:25	209	3:36	2.00	9:53	4:56	54	3:25	198	3:36	
Runde Langstrec	2.00	9:35	4:47	60	2:53	206	3:12	4.00	19:28	4:51	54	6:18	198	6:48	
Runde Langstrec	2.00	9:52	4:56	63	3:00	224	3:24	6.00	29:20	4:53	54	9:18	197	10:12	
Runde Langstrec	2.00	9:55	4:57	65	3:09	215	3:31	8.00	39:15	4:54	53	12:27	196	13:43	
Leichtathletikh	2.00	9:35	4:47	61	2:48	208	3:32	10.00	48:50	4:53	60	15:15	211	17:15	