



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Haase, Eric

Club: /hm/

Number: 1045

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 51:50

Speed: 11.58 km/h

Running performance: 5:11 min/km

Rank in course/Total: 311 (of 637)

Rank in course/Men: 280 (of 493)

Best time in course: 31:35

Rank in category: 50(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men		
Runde Langstrec	2.00	10:11	5:05	41	3:54	236	3:54	2.00	10:11	5:05	28		191	3:54
Runde Langstrec	2.00	10:08	5:03	46	3:45	272	3:45	4.00	20:19	5:04	28		214	7:39
Runde Langstrec	2.00	10:34	5:16	52	4:06	318	4:06	6.00	30:53	5:08	28		213	11:45
Runde Langstrec	2.00	10:35	5:17	48	4:11	308	4:11	8.00	41:28	5:11	27		212	15:56
Leichtathletikh	2.00	10:22	5:11	51	4:19	311	4:19	10.00	51:50	5:11	50	20:15	280	20:15