



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kahl, Patrick

Club: SV-Olympia Neustadt

Number: 1610

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 52:15

Speed: 11.48 km/h

Running performance: 5:13 min/km

Rank in course/Total: 323 (of 637)

Rank in course/Men: 289 (of 493)

Best time in course: 31:35

Rank in category: 51(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:57	5:28	50	4:40	314	4:40	2.00	10:57	5:28	17		193	4:40
Runde Langstrec	2.00	10:10	5:04	47	3:47	275	3:47	4.00	21:07	5:16	17		189	8:27
Runde Langstrec	2.00	10:15	5:07	44	3:47	274	3:47	6.00	31:22	5:13	17		219	12:14
Runde Langstrec	2.00	10:26	5:13	45	4:02	285	4:02	8.00	41:48	5:13	16		218	16:16
Leichtathletikh	2.00	10:27	5:13	52	4:24	319	4:24	10.00	52:15	5:13	51	20:40	289	20:40