



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schiebold, Christine

Club: LTV Erfurt

Number: 1498

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 48:00

Speed: 12.50 km/h

Running performance: 4:48 min/km

Rank in course/Total: 201 (of 637)

Rank in course/Women: 14 (of 144)

Best time in course: 38:07

Rank in category: 5(of 39)

Best time in the category: 38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	9:43	4:51	6	2:23	15	2:23	2.00	9:43	4:51	24	0:09	8	2:23
Runde Langstrec	2.00	9:40	4:49	5	2:03	16	2:03	4.00	19:23	4:50	24	0:23	12	4:26
Runde Langstrec	2.00	9:32	4:46	5	1:46	12	1:46	6.00	28:55	4:49	29	0:34	19	6:12
Runde Langstrec	2.00	9:34	4:46	5	1:48	12	1:48	8.00	38:29	4:48	28	0:44	19	8:00
Leichtathletikh	2.00	9:31	4:45	5	1:53	14	1:53	10.00	48:00	4:47	5	9:53	14	9:53