



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Chemnitz, Benjamin

Club: Die flinken Gerataler

Number: 1671

Course: 10.00 km

Vintage VDB Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 53:53

Speed: 11.14 km/h

Running performance: 5:23 min/km

Rank in course/Total: 376 (of 637)

Rank in course/Men: 335 (of 493)

Best time in course: 31:35

Rank in category: 15(of 21)

Best time in the category: 33:03

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde Langstrec | 2.00 | 9:55 | 4:57 | 12 | 3:38 | 214 | 3:38 | 2.00 | 9:55 | 4:57 | 13 | | | 8 | 3:38 |
| Runde Langstrec | 2.00 | 10:30 | 5:15 | 16 | 4:00 | 326 | 4:07 | 4.00 | 20:25 | 5:06 | 13 | | | 229 | 7:45 |
| Runde Langstrec | 2.00 | 10:59 | 5:29 | 17 | 4:11 | 369 | 4:31 | 6.00 | 31:24 | 5:14 | 13 | | | 228 | 12:16 |
| Runde Langstrec | 2.00 | 11:17 | 5:38 | 17 | 4:30 | 391 | 4:53 | 8.00 | 42:41 | 5:20 | 13 | | | 227 | 17:09 |
| Leichtathletikhal | 2.00 | 11:12 | 5:35 | 16 | 4:31 | 403 | 5:09 | 10.00 | 53:53 | 5:23 | 15 | 20:50 | | 335 | 22:18 |