



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Löwe, Peter

Club: USV Erfurt

Number: 1183

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 50:06

Speed: 11.98 km/h

Running performance: 5:01 min/km

Rank in course/Total: 261 (of 637)

Rank in course/Men: 241 (of 493)

Best time in course: 31:35

Rank in category: 43(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	9:58	4:59	36	2:02	220	3:41	2.00	9:58	4:59	42		163	3:41	
Runde Langstrec	2.00	9:52	4:56	47	1:35	246	3:29	4.00	19:50	4:57	42		233	7:10	
Runde Langstrec	2.00	9:51	4:55	36	1:24	223	3:23	6.00	29:41	4:56	41		232	10:33	
Runde Langstrec	2.00	10:20	5:10	55	1:49	274	3:56	8.00	40:01	5:00	41		231	14:29	
Leichtathletikh	2.00	10:05	5:02	49	1:52	276	4:02	10.00	50:06	5:00	43	8:34	241	18:31	