



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Rieder, Susann

Total time: 54:46

Number: 1676

Speed: 10.96 km/h

Running performance: 5:29 min/km

Course: 10.00 km

Rank in course/Total: 407 (of 637)

Vintage VDB Lauf

Rank in course/Women: 50 (of 144)

Category:

Best time in course: 38:07

Seniorinnen W40 (40-49 Jahre)

Rank in category: 14(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde Langstrec | 2.00 | 11:01 | 5:30 | 15 | 1:20 | 50 | 3:41 | 2.00 | 11:01 | 5:30 | 3 | 0:04 | 26 | 3:41 |
| Runde Langstrec | 2.00 | 10:49 | 5:24 | 16 | 1:39 | 52 | 3:12 | 4.00 | 21:50 | 5:27 | 29 | 0:25 | 26 | 6:53 |
| Runde Langstrec | 2.00 | 11:01 | 5:30 | 16 | 1:47 | 55 | 3:15 | 6.00 | 32:51 | 5:28 | 28 | 2:12 | 26 | 10:08 |
| Runde Langstrec | 2.00 | 11:14 | 5:36 | 20 | 2:00 | 59 | 3:28 | 8.00 | 44:05 | 5:30 | 26 | 2:06 | 26 | 13:36 |
| Leichtathletikh | 2.00 | 10:41 | 5:20 | 13 | 1:42 | 47 | 3:03 | 10.00 | 54:46 | 5:28 | 14 | 8:26 | 50 | 16:39 |