



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Voigt, Karsten

Number: 1628

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 52:45

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 343 (of 637)

Rank in course/Men: 306 (of 493)

Best time in course: 31:35

Rank in category: 65(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	11:53	5:56	87	3:57	415	5:36	2.00	11:53	5:56	52	1:48	260	5:36
Runde Langstrec	2.00	10:25	5:12	66	2:08	318	4:02	4.00	22:18	5:34	52	2:01	243	9:38
Runde Langstrec	2.00	10:23	5:11	61	1:56	293	3:55	6.00	32:41	5:26	51	2:12	259	13:33
Runde Langstrec	2.00	10:13	5:06	50	1:42	257	3:49	8.00	42:54	5:21	51	2:09	241	17:22
Leichtathletikh	2.00	9:51	4:55	43	1:38	252	3:48	10.00	52:45	5:16	65	11:13	306	21:10