



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schlegel, Peter

Club: Winterthur

Number: 1485

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M40 (40-49 Jahre)

Total time: 57:06

Speed: 10.51 km/h

Running performance: 5:43 min/km

Rank in course/Total: 484 (of 637)

Rank in course/Men: 412 (of 493)

Best time in course: 31:35

Rank in category: 116(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	km	Time		Pos Cat.	Behind Cat.		
Runde Langstrec	2.00	11:51	5:55	113	5:23	411	5:34	2.00	11:51	5:55	77	5:23	266	5:34
Runde Langstrec	2.00	11:12	5:35	114	4:30	410	4:49	4.00	23:03	5:45	77	9:53	266	10:23
Runde Langstrec	2.00	11:17	5:38	112	4:25	402	4:49	6.00	34:20	5:43	77	14:18	265	15:12
Runde Langstrec	2.00	11:24	5:42	113	4:38	402	5:00	8.00	45:44	5:43	76	18:56	264	20:12
Leichtathletikh	2.00	11:22	5:41	121	4:35	418	5:19	10.00	57:06	5:42	116	23:31	412	25:31