



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Böhm, Johanna

Club: Wolframshausen

Number: 1002

Course: 10.00 km

Vintage VDB Lauf

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 57:30

Speed: 10.43 km/h

Running performance: 5:45 min/km

Rank in course/Total: 492 (of 637)

Rank in course/Women: 76 (of 144)

Best time in course: 38:07

Rank in category: 3(of 9)

Best time in the category: 46:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	12:22	6:11	4	3:28	94	5:02	2.00	12:22	6:11	3	3:28	33	5:02
Runde Langstrec	2.00	11:31	5:45	4	2:14	84	3:54	4.00	23:53	5:58	3	5:42	33	8:56
Runde Langstrec	2.00	11:26	5:43	4	1:57	76	3:40	6.00	35:19	5:53	3	7:39	33	12:36
Runde Langstrec	2.00	11:21	5:40	3	1:38	66	3:35	8.00	46:40	5:49	3	9:17	33	16:11
Leichtathletikh	2.00	10:50	5:25	2	1:31	54	3:12	10.00	57:30	5:45	3	10:48	76	19:23