



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Voß, Anika

Club: ASV Erfurt

Number: 349

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 18:02

Speed: 13.31 km/h

Running performance: 4:31 min/km

Rank in course/Total: 71 (of 446)

Rank in course/Women: 9 (of 168)

Best time in course: 13:59

Rank in category: 4(of 25)

Best time in the category: 16:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde Kurzstrecke	2.00	9:05	4:32	4	1:07	9	2:10	2.00	9:05	4:32	23			11	2:10
Leichtathletikhalle	2.00	8:57	4:28	4	0:39	9	1:53	4.00	18:02	4:30	4	1:46		9	4:03