



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bartholome, Frank

Club: Die flinken Gerataler

Number: 1667

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 1:01:54

Speed: 9.69 km/h

Running performance: 6:11 min/km

Rank in course/Total: 585 (of 637)

Rank in course/Men: 467 (of 493)

Best time in course: 31:35

Rank in category: 21(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	13:05	6:32	22	4:37	477	6:48	2.00	13:05	6:32	4	2:23	274	6:48	
Runde Langstrec	2.00	12:22	6:11	21	3:35	478	5:59	4.00	25:27	6:21	19	4:24	274	12:47	
Runde Langstrec	2.00	12:30	6:15	21	3:34	471	6:02	6.00	37:57	6:19	19	6:30	273	18:49	
Runde Langstrec	2.00	12:06	6:02	20	3:07	449	5:42	8.00	50:03	6:15	18	7:59	272	24:31	
Leichtathletikhal	2.00	11:51	5:55	19	3:03	439	5:48	10.00	1:01:54	6:11	21	17:56	467	30:19	