



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Drehmann, Sissy

Club: Bad Tennstedt

Number: 1508

Course: 10.00 km

Vintage VDB Lauf

Category:

Frauen (20-29 Jahre)

Total time: 59:00

Speed: 10.17 km/h

Running performance: 5:54 min/km

Rank in course/Total: 531 (of 637)

Rank in course/Women: 90 (of 144)

Best time in course: 38:07

Rank in category: 17(of 24)

Best time in the category: 42:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	Total km	Total Time			Total min/km	Pos Women	Behind Women
Runde Langstrec	2.00	12:23	6:11	21	3:56	98	5:03	2.00	12:23	6:11	18	0:33	45	5:03
Runde Langstrec	2.00	11:34	5:46	17	3:07	88	3:57	4.00	23:57	5:59	18		45	9:00
Runde Langstrec	2.00	11:46	5:53	16	3:25	88	4:00	6.00	35:43	5:57	18		45	13:00
Runde Langstrec	2.00	11:51	5:55	17	3:24	87	4:05	8.00	47:34	5:56	17		45	17:05
Leichtathletikh	2.00	11:26	5:43	17	3:08	83	3:48	10.00	59:00	5:54	17	17:00	90	20:53