



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Marschik, Falko

Club: Weimar

Number: 1398

Course: 10.00 km

Vintage VDB Lauf

Category:

Männer (20-29 Jahre)

Total time: 58:27

Speed: 10.27 km/h

Running performance: 5:50 min/km

Rank in course/Total: 512 (of 637)

Rank in course/Men: 429 (of 493)

Best time in course: 31:35

Rank in category: 63(of 69)

Best time in the category: 31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	13:10	6:34	69	6:53	481	6:53	2.00	13:10	6:34	9	0:03	314	6:53	
Runde Langstrec	2.00	11:31	5:45	65	5:08	436	5:08	4.00	24:41	6:10	9	1:06	314	12:01	
Runde Langstrec	2.00	11:14	5:36	62	4:46	398	4:46	6.00	35:55	5:59	9	1:42	313	16:47	
Runde Langstrec	2.00	11:23	5:41	60	4:59	398	4:59	8.00	47:18	5:54	8		266	21:46	
Leichtathletikhal	2.00	11:09	5:34	59	5:06	393	5:06	10.00	58:27	5:50	63	26:52	429	26:52	