



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

### Schwarzkopf, Helmut

Club: SV Kyffhäuser

Number: 70

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M60 (60-69 Jahre)

Total time: 17:47

Speed: 13.50 km/h

Running performance: 4:27 min/km

Rank in course/Total: 64 (of 446)

Rank in course/Men: 56 (of 278)

Best time in course: 12:07

Rank in category: 1(of 16)

Best time in the category: 17:47

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                     |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde Kurzstrecke   | 2.00        | 8:48          | 4:24            | 1           | -              | 57          | 2:40          | 2.00          | 8:48          | 4:24            | 4           | -              | 60         | 2:40          |
| Leichtathletikhalle | 2.00        | 8:59          | 4:29            | 1           | -              | 61          | 3:00          | 4.00          | 17:47         | 4:26            | 1           | -              | 56         | 5:40          |