



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Geitner, Janet

Club: Ebenheim

Number: 1651

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 1:01:26

Speed: 9.77 km/h

Running performance: 6:08 min/km

Rank in course/Total: 574 (of 637)

Rank in course/Women: 113 (of 144)

Best time in course: 38:07

Rank in category: 38(of 45)

Best time in the category: 46:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	13:09	6:34	41	3:28	130	5:49	2.00	13:09	6:34	41	2:12	65	5:49
Runde Langstrec	2.00	12:09	6:04	39	2:59	117	4:32	4.00	25:18	6:19	41	3:53	65	10:21
Runde Langstrec	2.00	12:08	6:03	37	2:54	110	4:22	6.00	37:26	6:14	40	6:47	65	14:43
Runde Langstrec	2.00	12:05	6:02	34	2:51	97	4:19	8.00	49:31	6:11	38	7:32	65	19:02
Leichtathletikh	2.00	11:55	5:57	34	2:56	100	4:17	10.00	1:01:26	6:08	38	15:06	113	23:19