



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Klammer, Doreen

Number: 1717

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 58:34

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 518 (of 637)

Rank in course/Women: 84 (of 144)

Best time in course: 38:07

Rank in category: 28(of 39)

Best time in the category: 38:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Pos	Cat.	Women	km	Time	min/km	Cat.	Pos	Cat.	Women	Women		
Runde Langstrec	2.00	11:47	5:53	27	4:27	78	4:27	2.00	11:47	5:53	7	2:13	68	4:27			
Runde Langstrec	2.00	11:32	5:46	29	3:55	87	3:55	4.00	23:19	5:49	7	4:19	68	8:22			
Runde Langstrec	2.00	11:47	5:53	29	4:01	91	4:01	6.00	35:06	5:51	7	6:45	68	12:23			
Runde Langstrec	2.00	11:56	5:58	28	4:10	93	4:10	8.00	47:02	5:52	7	9:17	68	16:33			
Leichtathletikh	2.00	11:32	5:46	24	3:54	85	3:54	10.00	58:34	5:51	28	20:27	84	20:27			