



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

Schubert, Ina

Club: SSV Erfurt 02 e.V.

Number: 1207

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 56:04

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 444 (of 637)

Rank in course/Women: 58 (of 144)

Best time in course: 38:07

Rank in category: 19(of 45)

Best time in the category: 46:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Runde Langstrec | 2.00        | 11:01         | 5:30            | 15          | 1:20           | 50           | 3:41            | 2.00          | 11:01         | 5:30            | 3           | 0:04           | 26           | 3:41            |
| Runde Langstrec | 2.00        | 11:10         | 5:34            | 23          | 2:00           | 71           | 3:33            | 4.00          | 22:11         | 5:32            | 3           | 0:46           | 79           | 7:14            |
| Runde Langstrec | 2.00        | 11:23         | 5:41            | 25          | 2:09           | 75           | 3:37            | 6.00          | 33:34         | 5:35            | 3           | 2:55           | 79           | 10:51           |
| Runde Langstrec | 2.00        | 11:24         | 5:42            | 22          | 2:10           | 69           | 3:38            | 8.00          | 44:58         | 5:37            | 5           | 2:59           | 79           | 14:29           |
| Leichtathletikh | 2.00        | 11:06         | 5:32            | 20          | 2:07           | 63           | 3:28            | 10.00         | 56:04         | 5:36            | 19          | 9:44           | 58           | 17:57           |