



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

Zotzmann, Anja

Club: SWE

Number: 1380

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 57:21

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 488 (of 637)

Rank in course/Women: 74 (of 144)

Best time in course: 38:07

Rank in category: 24(of 45)

Best time in the category: 46:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Runde Langstrec | 2.00        | 11:47         | 5:53            | 23          | 2:06           | 78           | 4:27            | 2.00          | 11:47         | 5:53            | 5           | 0:50           | 68           | 4:27            |
| Runde Langstrec | 2.00        | 11:22         | 5:41            | 26          | 2:12           | 79           | 3:45            | 4.00          | 23:09         | 5:47            | 5           | 1:44           | 70           | 8:12            |
| Runde Langstrec | 2.00        | 11:19         | 5:39            | 24          | 2:05           | 73           | 3:33            | 6.00          | 34:28         | 5:44            | 5           | 3:49           | 82           | 11:45           |
| Runde Langstrec | 2.00        | 11:33         | 5:46            | 24          | 2:19           | 73           | 3:47            | 8.00          | 46:01         | 5:45            | 7           | 4:02           | 82           | 15:32           |
| Leichtathletikh | 2.00        | 11:20         | 5:40            | 28          | 2:21           | 79           | 3:42            | 10.00         | 57:21         | 5:44            | 24          | 11:01          | 74           | 19:14           |