



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Fieker, Jens**

Club: SSV Erfurt 02 e.V.

Number: 1291

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M50 (50-59 Jahre)

Total time: 56:43

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 472 (of 637)

Rank in course/Men: 404 (of 493)

Best time in course: 31:35

Rank in category: 81(of 103)

Best time in the category: 41:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	10:41	5:20	58	2:45	295	4:24	2.00	10:41	5:20	38	0:36	217	4:24
Runde Langstrec	2.00	11:10	5:34	86	2:53	405	4:47	4.00	21:51	5:27	47	1:34	246	9:11
Runde Langstrec	2.00	11:32	5:46	87	3:05	424	5:04	6.00	33:23	5:33	77	2:54	368	14:15
Runde Langstrec	2.00	11:47	5:53	89	3:16	426	5:23	8.00	45:10	5:38	77	4:25	296	19:38
Leichtathletikh	2.00	11:33	5:46	90	3:20	428	5:30	10.00	56:43	5:40	81	15:11	404	25:08