



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Papesch, Maik

Number: 1702

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M30 (30-39 Jahre)

Total time: 1:09:53

Speed: 8.59 km/h

Running performance: 6:59 min/km

Rank in course/Total: 624 (of 637)

Rank in course/Men: 483 (of 493)

Best time in course: 31:35

Rank in category: 132(of 133)

Best time in the category: 32:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde Langstrec	2.00	12:23	6:11	120	6:06	442	6:06	2.00	12:23	6:11	107	6:06	357	6:06	
Runde Langstrec	2.00	13:34	6:46	132	7:11	488	7:11	4.00	25:57	6:29	103	13:17	368	13:17	
Runde Langstrec	2.00	14:23	7:11	133	7:55	487	7:55	6.00	40:20	6:43	107	21:12	376	21:12	
Runde Langstrec	2.00	15:29	7:44	133	9:05	486	9:05	8.00	55:49	6:58	133	30:17	488	30:17	
Leichtathletikh	2.00	14:04	7:01	132	7:35	482	8:01	10.00	1:09:53	6:59	132	37:52	483	38:18	