



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Babeck, Thomas**

Club: Erfurt  
Number: 1189

Course: 10.00 km  
Vintage VDB Lauf

Category:  
Senioren M40 (40-49 Jahre)

Total time: 53:18

Speed: 11.26 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 362 (of 637)

Rank in course/Men: 323 (of 493)

Best time in course: 31:35

Rank in category: 88(of 135)

Best time in the category: 33:35

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men			
Runde Langstrec	2.00	11:04	5:31	87	4:36	327	4:47	2.00	11:04	5:31	105	4:36	383	4:47			
Runde Langstrec	2.00	10:26	5:13	88	3:44	320	4:03	4.00	21:30	5:22	105	8:20	383	8:50			
Runde Langstrec	2.00	10:38	5:18	90	3:46	329	4:10	6.00	32:08	5:21	105	12:06	214	13:00			
Runde Langstrec	2.00	10:36	5:17	90	3:50	312	4:12	8.00	42:44	5:20	103	15:56	379	17:12			
Leichtathletikh	2.00	10:34	5:16	96	3:47	336	4:31	10.00	53:18	5:19	88	19:43	323	21:43			