



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fahlbusch, Thomas

Club: Erfurt
Number: 1475

Course: 10.00 km
Vintage VDB Lauf

Category:
Senioren M50 (50-59 Jahre)

Total time: 56:46

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 476 (of 637)

Rank in course/Men: 406 (of 493)

Best time in course: 31:35

Rank in category: 83(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	11:31	5:45	80	3:35	370	5:14	2.00	11:31	5:45	18	1:26	155	5:14
Runde Langstrec	2.00	10:51	5:25	77	2:34	372	4:28	4.00	22:22	5:35	81	2:05	344	9:42
Runde Langstrec	2.00	11:23	5:41	81	2:56	409	4:55	6.00	33:45	5:37	80	3:16	251	14:37
Runde Langstrec	2.00	11:36	5:47	86	3:05	419	5:12	8.00	45:21	5:40	80	4:36	382	19:49
Leichtathletikh	2.00	11:25	5:42	86	3:12	419	5:22	10.00	56:46	5:40	83	15:14	406	25:11