



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Fahlbusch, Thomas

Club: Erfurt
Number: 1475

Course: 10.00 km
Vintage VDB Lauf

Category:
Senioren M50 (50-59 Jahre)

Total time: 56:46

Speed: 10.57 km/h
Running performance: 5:41 min/km

Rank in course/Total: 476 (of 637)

Rank in course/Men: 406 (of 493)

Best time in course: 31:35

Rank in category: 83(of 103)

Best time in the category: 41:32

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Langstrec | 2.00 | 11:31 | 5:45 | 80 | 3:35 | 370 | 5:14 | 2.00 | 11:31 | 5:45 | 18 | 1:26 | 155 | 5:14 |
| Runde Langstrec | 2.00 | 10:51 | 5:25 | 77 | 2:34 | 372 | 4:28 | 4.00 | 22:22 | 5:35 | 81 | 2:05 | 344 | 9:42 |
| Runde Langstrec | 2.00 | 11:23 | 5:41 | 81 | 2:56 | 409 | 4:55 | 6.00 | 33:45 | 5:37 | 80 | 3:16 | 251 | 14:37 |
| Runde Langstrec | 2.00 | 11:36 | 5:47 | 86 | 3:05 | 419 | 5:12 | 8.00 | 45:21 | 5:40 | 80 | 4:36 | 382 | 19:49 |
| Leichtathletikh | 2.00 | 11:25 | 5:42 | 86 | 3:12 | 419 | 5:22 | 10.00 | 56:46 | 5:40 | 83 | 15:14 | 406 | 25:11 |