



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Deutschmann, Elke

Club: Mühlhäuser Röblinglauf e.V.

Number: 1388

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 1:06:09

Speed: 9.07 km/h

Running performance: 6:37 min/km

Rank in course/Total: 611 (of 637)

Rank in course/Women: 132 (of 144)

Best time in course: 38:07

Rank in category: 21(of 25)

Best time in the category: 47:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Langstrec	2.00	13:30	6:45	21	4:19	135	6:10	2.00	13:30	6:45	12		86	6:10
Runde Langstrec	2.00	12:22	6:11	20	2:56	125	4:45	4.00	25:52	6:28	12		86	10:55
Runde Langstrec	2.00	12:56	6:28	21	3:20	132	5:10	6.00	38:48	6:27	12		86	16:05
Runde Langstrec	2.00	13:32	6:46	23	3:43	134	5:46	8.00	52:20	6:32	11	3:20	86	21:51
Leichtathletikh	2.00	13:49	6:54	23	4:00	136	6:11	10.00	1:06:09	6:36	21	18:18	132	28:02