



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Pudell, Katrin

Club: LTV Erfurt

Number: 1030

Course: 10.00 km

Vintage VDB Lauf

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 54:24

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 394 (of 637)

Rank in course/Women: 45 (of 144)

Best time in course: 38:07

Rank in category: 4(of 25)

Best time in the category: 47:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde Langstrec | 2.00 | 10:50 | 5:25 | 3 | 1:39 | 40 | 3:30 | 2.00 | 10:50 | 5:25 | 8 | | 113 | 3:30 |
| Runde Langstrec | 2.00 | 10:25 | 5:12 | 3 | 0:59 | 41 | 2:48 | 4.00 | 21:15 | 5:18 | 8 | | 113 | 6:18 |
| Runde Langstrec | 2.00 | 10:55 | 5:27 | 4 | 1:19 | 48 | 3:09 | 6.00 | 32:10 | 5:21 | 8 | | 113 | 9:27 |
| Runde Langstrec | 2.00 | 11:09 | 5:34 | 7 | 1:20 | 57 | 3:23 | 8.00 | 43:19 | 5:24 | 7 | | 105 | 12:50 |
| Leichtathletikh | 2.00 | 11:05 | 5:32 | 8 | 1:16 | 62 | 3:27 | 10.00 | 54:24 | 5:26 | 4 | 6:33 | 45 | 16:17 |