



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Hundertmark, Peter

Club: Erfurt
Number: 1424

Course: 10.00 km
Vintage VDB Lauf

Category:
Senioren M40 (40-49 Jahre)

Total time: 52:27

Speed: 11.44 km/h
Running performance: 5:14 min/km

Rank in course/Total: 332 (of 637)

Rank in course/Men: 298 (of 493)

Best time in course: 31:35

Rank in category: 81(of 135)

Best time in the category: 33:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men			
Runde Langstrec	2.00	10:40	5:19	80	291	4:12	4:23	2.00	10:40	5:19	96	269	4:12	4:23	269	4:23	
Runde Langstrec	2.00	10:21	5:10	83	305	3:39	3:58	4.00	21:01	5:15	120	426	7:51	8:21	426	8:21	
Runde Langstrec	2.00	10:21	5:10	79	285	3:29	3:53	6.00	31:22	5:13	120	219	11:20	12:14	219	12:14	
Runde Langstrec	2.00	10:35	5:17	88	308	3:49	4:11	8.00	41:57	5:14	118	421	15:09	16:25	421	16:25	
Leichtathletikh	2.00	10:30	5:15	92	326	3:43	4:27	10.00	52:27	5:14	81	298	18:52	20:52	298	20:52	