



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Landwehr, Matthias

Club: LC Solbad Ravensberg
Number: 327

Course: 161.85 km
100MeilenBerlin

Category:
Senioren M45 (45-49 Jahre)

Total time: 21:49:11

Speed: 7.38 km/h
Running performance: 8:05 min/km

Rank in course/Total: 47 (of 296)

Rank in course/Men: 43 (of 247)

Best time in course: 13:40:11

Rank in category: 12(of 53)

Best time in the category: 15:34:05

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof | 6.93 | 44:58 | 6:29 | 31 | 12:42 | 127 | 12:42 | 6.93 | 44:58 | 6:29 | 31 | 12:42 | 127 | 12:42 |
| VP2 - Laufftreff Li | 5.70 | 38:20 | 6:43 | 34 | 12:24 | 143 | 12:24 | 12.63 | 1:23:18 | 6:35 | 33 | 25:05 | 136 | 25:06 |
| VP3 - Oranienbur | 5.47 | 36:17 | 6:37 | 32 | 12:31 | 135 | 12:31 | 18.10 | 1:59:35 | 6:36 | 33 | 37:36 | 132 | 37:36 |
| VP4 - Naturschut | 4.97 | 36:16 | 7:17 | 31 | 13:07 | 126 | 13:07 | 23.07 | 2:35:51 | 6:45 | 32 | 50:43 | 129 | 50:43 |
| VP5 - Frohnau | 6.80 | 44:37 | 6:33 | 24 | 14:11 | 102 | 14:19 | 29.87 | 3:20:28 | 6:42 | 29 | 1:04:54 | 118 | 1:04:56 |
| VP6 - Ruderclub | 4.06 | 33:53 | 8:20 | 31 | 15:23 | 137 | 15:24 | 33.93 | 3:54:21 | 6:54 | 29 | 1:20:17 | 118 | 1:20:20 |
| VP7 - Grenzturm | 4.75 | 34:49 | 7:19 | 33 | 12:31 | 135 | 14:01 | 38.68 | 4:29:10 | 6:57 | 29 | 1:32:48 | 123 | 1:34:21 |
| VP8 - Schönwald | 7.53 | 53:08 | 7:03 | 18 | 15:23 | 71 | 17:32 | 46.21 | 5:22:18 | 6:58 | 28 | 1:48:11 | 110 | 1:51:53 |
| VP9 - Falkenseer | 5.69 | 42:58 | 7:33 | 20 | 12:26 | 79 | 15:50 | 51.90 | 6:05:16 | 7:02 | 26 | 2:00:37 | 103 | 2:07:43 |
| VP10 - Karolinenl | 6.60 | 51:25 | 7:47 | 21 | 16:23 | 81 | 21:16 | 58.50 | 6:56:41 | 7:07 | 26 | 2:14:09 | 100 | 2:28:59 |
| VP11 - Pagel & Fi | 4.90 | 37:04 | 7:33 | 12 | 10:22 | 51 | 14:19 | 63.40 | 7:33:45 | 7:09 | 24 | 2:24:22 | 91 | 2:43:18 |
| VP12 - Schloss S | 7.62 | 59:10 | 7:45 | 11 | 15:44 | 38 | 23:23 | 71.02 | 8:32:55 | 7:13 | 20 | 2:39:57 | 77 | 3:06:41 |
| VP13 - Revierförs | 6.21 | 49:03 | 7:53 | 17 | 13:49 | 60 | 19:23 | 77.23 | 9:21:58 | 7:16 | 19 | 2:52:17 | 72 | 3:26:04 |
| VP14 - Brauhaus | 6.00 | 49:28 | 8:14 | 21 | 15:16 | 65 | 19:56 | 83.23 | 10:11:26 | 7:20 | 19 | 3:03:50 | 69 | 3:46:00 |
| VP15 - Gedenkst. | 6.90 | 59:21 | 8:36 | 24 | 23:13 | 89 | 24:38 | 90.13 | 11:10:47 | 7:26 | 19 | 3:17:11 | 71 | 4:10:38 |
| VP16 - Königswe | 6.87 | 1:00:50 | 8:51 | 19 | 16:01 | 74 | 27:06 | 97.00 | 12:11:37 | 7:32 | 19 | 3:29:44 | 72 | 4:37:44 |
| VP17 - Sportplatz | 6.20 | 53:39 | 8:39 | 11 | 19:03 | 34 | 22:02 | 103.20 | 13:05:16 | 7:36 | 18 | 3:46:16 | 61 | 4:59:46 |
| VP18 - Osdorfer | 6.49 | 55:37 | 8:34 | 16 | 12:21 | 61 | 21:40 | 109.69 | 14:00:53 | 7:39 | 18 | 3:58:37 | 62 | 5:21:26 |
| VP19 - Lichtenra | 5.71 | 40:16 | 7:03 | 4 | 5:13 | 16 | 10:57 | 115.40 | 14:41:09 | 7:38 | 18 | 3:59:33 | 60 | 5:32:23 |
| VP20 - Kirchhain | 4.35 | 35:28 | 8:09 | 9 | 5:48 | 30 | 11:10 | 119.75 | 15:16:37 | 7:39 | 16 | 4:05:21 | 54 | 5:43:33 |
| VP21 - Buckow | 6.15 | 1:06:19 | 10:46 | 28 | 27:57 | 112 | 31:19 | 125.90 | 16:22:56 | 7:48 | 16 | 4:29:54 | 58 | 6:14:52 |
| VP22 - Rudow | 4.97 | 54:26 | 10:57 | 22 | 24:07 | 103 | 33:03 | 130.87 | 17:17:22 | 7:55 | 16 | 4:42:35 | 60 | 6:40:39 |
| VP23 - Johannistl | 5.89 | 48:21 | 8:12 | 8 | 11:30 | 24 | 14:40 | 136.76 | 18:05:43 | 7:56 | 15 | 4:52:38 | 56 | 6:55:19 |
| VP24 - Dammwe | 5.64 | 55:40 | 9:52 | 18 | 23:59 | 65 | 23:59 | 142.40 | 19:01:23 | 8:00 | 15 | 5:16:37 | 53 | 7:18:57 |
| VP25 - Eas Side | 6.33 | 58:12 | 9:11 | 10 | 20:52 | 33 | 20:52 | 148.73 | 19:59:35 | 8:03 | 14 | 5:37:29 | 51 | 7:37:05 |
| VP26 - Checkpoir | 4.22 | 37:25 | 8:51 | 11 | 14:32 | 39 | 14:32 | 152.95 | 20:37:00 | 8:05 | 13 | 5:52:01 | 49 | 7:50:26 |
| VP27 - Gedenkst. | 4.12 | 36:18 | 8:48 | 5 | 11:35 | 27 | 11:35 | 157.07 | 21:13:18 | 8:06 | 12 | 6:03:36 | 44 | 8:00:20 |
| Friedrich-Ludwig | 4.78 | 35:53 | 7:30 | 10 | 11:30 | 34 | 11:30 | 161.85 | 21:49:11 | 8:05 | 12 | 6:15:06 | 43 | 8:09:00 |