



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

## Detailed evaluation

**Connolly, Gary**

Club: 100 Marathon Club Ireland  
Number: 296

Course: 161.85 km  
100MeilenBerlin

Category:  
Senioren M50 (50-54 Jahre)

Total time: 23:44:49

Speed: 6.78 km/h  
Running performance: 8:48 min/km

Rank in course/Total: 100 (of 296)

Rank in course/Men: 89 (of 247)

Best time in course: 13:40:11

Rank in category: 20(of 51)

Best time in the category: 18:03:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - S-Bahnhof	6.93	42:32	6:08	17	9:14	85	10:16	6.93	42:32	6:08	17	9:14	85	10:16
VP2 - Laufftreff Li	5.70	34:49	6:06	16	7:10	88	8:53	12.63	1:17:21	6:07	16	16:24	88	19:09
VP3 - Oranienbur	5.47	32:55	6:01	16	6:43	76	9:09	18.10	1:50:16	6:05	17	23:00	85	28:17
VP4 - Naturschut	4.97	33:38	6:46	17	8:47	84	10:29	23.07	2:23:54	6:14	18	31:47	87	38:46
VP5 - Frohnau	6.80	42:45	6:17	18	10:01	80	12:27	29.87	3:06:39	6:14	17	41:48	86	51:07
VP6 - Ruderclub	4.06	31:40	7:47	26	10:11	110	13:11	33.93	3:38:19	6:26	16	51:59	85	1:04:18
VP7 - Grenzturm	4.75	32:38	6:52	19	7:15	91	11:50	38.68	4:10:57	6:29	16	59:14	85	1:16:08
VP8 - Schönwald	7.53	56:45	7:32	22	14:18	112	21:09	46.21	5:07:42	6:39	17	1:13:32	84	1:37:17
VP9 - Falkenseer	5.69	49:56	8:46	33	16:06	157	22:48	51.90	5:57:38	6:53	18	1:29:38	90	2:00:05
VP10 - Karolinenl	6.60	51:18	7:46	16	11:06	78	21:09	58.50	6:48:56	6:59	18	1:40:27	87	2:21:14
VP11 - Pagel & Fi	4.90	41:05	8:23	17	10:58	88	18:20	63.40	7:30:01	7:05	16	1:49:41	82	2:39:34
VP12 - Schloss S	7.62	1:24:44	11:07	35	36:31	168	48:57	71.02	8:54:45	7:31	17	2:26:12	95	3:28:31
VP13 - Revierförs	6.21	54:21	8:45	22	13:32	116	24:41	77.23	9:49:06	7:37	19	2:39:34	96	3:53:12
VP14 - Brauhaus	6.00	58:57	9:49	31	16:46	156	29:25	83.23	10:48:03	7:47	20	2:55:55	100	4:22:37
VP15 - Gedenkst.	6.90	1:01:29	8:54	25	16:21	108	26:46	90.13	11:49:32	7:52	20	3:07:37	103	4:49:23
VP16 - Königswe	6.87	1:04:18	9:21	24	15:36	108	30:34	97.00	12:53:50	7:58	21	3:23:13	100	5:19:57
VP17 - Sportplatz	6.20	1:15:16	12:08	27	30:27	124	43:39	103.20	14:09:06	8:13	20	3:52:55	102	6:03:36
VP18 - Osdorfer	6.49	57:19	8:49	16	10:58	74	23:22	109.69	15:06:25	8:15	20	4:01:52	97	6:26:58
VP19 - Lichtenra	5.71	57:27	10:03	26	17:29	124	28:08	115.40	16:03:52	8:21	20	4:16:17	98	6:55:06
VP20 - Kirchhain	4.35	48:58	11:15	21	17:41	112	24:40	119.75	16:52:50	8:27	18	4:29:35	95	7:19:46
VP21 - Buckow	6.15	1:08:46	11:10	24	25:28	123	33:46	125.90	18:01:36	8:35	19	4:52:25	100	7:53:32
VP22 - Rudow	4.97	52:49	10:37	22	15:28	91	31:26	130.87	18:54:25	8:40	20	5:03:18	101	8:17:42
VP23 - Johannistl	5.89	56:27	9:35	13	10:45	65	22:46	136.76	19:50:52	8:42	20	5:12:19	98	8:40:28
VP24 - Dammwe	5.64	1:01:04	10:49	22	20:33	100	29:23	142.40	20:51:56	8:47	20	5:22:58	99	9:09:30
VP25 - Eas Side	6.33	1:00:06	9:29	10	12:10	47	22:46	148.73	21:52:02	8:49	20	5:29:16	94	9:29:32
VP26 - Checkpoir	4.22	34:00	8:03	7	4:20	19	11:07	152.95	22:26:02	8:48	19	5:31:15	90	9:39:28
VP27 - Gedenkst.	4.12	38:36	9:22	12	7:29	38	13:53	157.07	23:04:38	8:48	19	5:35:07	86	9:51:40
Friedrich-Ludwig	4.78	40:11	8:24	14	12:13	51	15:48	161.85	23:44:49	8:48	20	5:40:58	89	10:04:38