



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Erasmus, Detlef

Club: LT SC Bad Münders
Number: 194

Course: 161.85 km
100MeilenBerlin

Category:
Senioren M55 (55-59 Jahre)

Total time: 23:53:03

Speed: 6.74 km/h
Running performance: 8:51 min/km

Rank in course/Total: 106 (of 296)

Rank in course/Men: 94 (of 247)

Best time in course: 13:40:11

Rank in category: 9(of 32)

Best time in the category: 16:59:31

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof | 6.93 | 44:49 | 6:28 | 14 | 9:36 | 120 | 12:33 | 6.93 | 44:49 | 6:28 | 14 | 9:36 | 120 | 12:33 |
| VP2 - Lauftreff Li | 5.70 | 36:46 | 6:27 | 13 | 6:35 | 107 | 10:50 | 12.63 | 1:21:35 | 6:27 | 13 | 16:11 | 110 | 23:23 |
| VP3 - Oranienbur | 5.47 | 36:04 | 6:35 | 14 | 7:23 | 128 | 12:18 | 18.10 | 1:57:39 | 6:30 | 14 | 23:34 | 117 | 35:40 |
| VP4 - Naturschut | 4.97 | 36:09 | 7:16 | 12 | 7:45 | 122 | 13:00 | 23.07 | 2:33:48 | 6:40 | 14 | 31:19 | 115 | 48:40 |
| VP5 - Frohnau | 6.80 | 46:08 | 6:47 | 12 | 9:41 | 126 | 15:50 | 29.87 | 3:19:56 | 6:41 | 13 | 41:00 | 113 | 1:04:24 |
| VP6 - Ruderclub | 4.06 | 34:31 | 8:30 | 16 | 11:09 | 149 | 16:02 | 33.93 | 3:54:27 | 6:54 | 13 | 52:09 | 120 | 1:20:26 |
| VP7 - Grenzturm | 4.75 | 32:57 | 6:56 | 10 | 6:28 | 95 | 12:09 | 38.68 | 4:27:24 | 6:54 | 13 | 58:37 | 117 | 1:32:35 |
| VP8 - Schönwald | 7.53 | 55:36 | 7:23 | 9 | 12:54 | 97 | 20:00 | 46.21 | 5:23:00 | 6:59 | 12 | 1:11:31 | 115 | 1:52:35 |
| VP9 - Falkenseer | 5.69 | 46:41 | 8:12 | 11 | 12:57 | 121 | 19:33 | 51.90 | 6:09:41 | 7:07 | 12 | 1:24:28 | 114 | 2:12:08 |
| VP10 - Karolinenl | 6.60 | 1:01:35 | 9:19 | 17 | 23:21 | 163 | 31:26 | 58.50 | 7:11:16 | 7:22 | 11 | 1:47:49 | 120 | 2:43:34 |
| VP11 - Pagel & Fi | 4.90 | 59:43 | 12:11 | 25 | 27:17 | 216 | 36:58 | 63.40 | 8:10:59 | 7:44 | 13 | 2:14:48 | 136 | 3:20:32 |
| VP12 - Schloss S | 7.62 | 1:17:31 | 10:10 | 15 | 31:46 | 139 | 41:44 | 71.02 | 9:28:30 | 8:00 | 11 | 2:46:34 | 134 | 4:02:16 |
| VP13 - Revierförs | 6.21 | 53:40 | 8:38 | 12 | 12:10 | 108 | 24:00 | 77.23 | 10:22:10 | 8:03 | 11 | 2:58:44 | 128 | 4:26:16 |
| VP14 - Brauhaus | 6.00 | 50:15 | 8:22 | 9 | 11:03 | 77 | 20:43 | 83.23 | 11:12:25 | 8:04 | 11 | 3:09:47 | 122 | 4:46:59 |
| VP15 - Gedenkst. | 6.90 | 1:03:19 | 9:10 | 12 | 20:09 | 117 | 28:36 | 90.13 | 12:15:44 | 8:09 | 11 | 3:29:47 | 121 | 5:15:35 |
| VP16 - Königswe | 6.87 | 1:01:36 | 8:57 | 8 | 16:39 | 79 | 27:52 | 97.00 | 13:17:20 | 8:13 | 11 | 3:42:13 | 119 | 5:43:27 |
| VP17 - Sportplatz | 6.20 | 1:26:31 | 13:57 | 21 | 43:38 | 168 | 54:54 | 103.20 | 14:43:51 | 8:33 | 10 | 4:24:04 | 121 | 6:38:21 |
| VP18 - Osdorfer | 6.49 | 57:43 | 8:53 | 8 | 17:44 | 78 | 23:46 | 109.69 | 15:41:34 | 8:35 | 10 | 4:41:48 | 120 | 7:02:07 |
| VP19 - Lichtenra | 5.71 | 50:31 | 8:50 | 7 | 13:52 | 76 | 21:12 | 115.40 | 16:32:05 | 8:35 | 10 | 4:55:40 | 114 | 7:23:19 |
| VP20 - Kirchhain | 4.35 | 41:53 | 9:37 | 8 | 13:45 | 62 | 17:35 | 119.75 | 17:13:58 | 8:38 | 11 | 5:09:25 | 115 | 7:40:54 |
| VP21 - Buckow | 6.15 | 1:02:40 | 10:11 | 10 | 21:41 | 93 | 27:40 | 125.90 | 18:16:38 | 8:42 | 11 | 5:31:06 | 112 | 8:08:34 |
| VP22 - Rudow | 4.97 | 45:59 | 9:15 | 4 | 13:32 | 40 | 24:36 | 130.87 | 19:02:37 | 8:43 | 11 | 5:44:38 | 111 | 8:25:54 |
| VP23 - Johannistl | 5.89 | 55:43 | 9:27 | 7 | 17:53 | 61 | 22:02 | 136.76 | 19:58:20 | 8:45 | 11 | 6:02:31 | 106 | 8:47:56 |
| VP24 - Dammwe | 5.64 | 55:44 | 9:52 | 6 | 19:43 | 66 | 24:03 | 142.40 | 20:54:04 | 8:48 | 10 | 6:22:14 | 102 | 9:11:38 |
| VP25 - Eas Side | 6.33 | 1:03:15 | 9:59 | 6 | 17:39 | 62 | 25:55 | 148.73 | 21:57:19 | 8:51 | 9 | 6:39:31 | 98 | 9:34:49 |
| VP26 - Checkpoir | 4.22 | 39:37 | 9:23 | 3 | 12:18 | 56 | 16:44 | 152.95 | 22:36:56 | 8:52 | 9 | 6:38:36 | 98 | 9:50:22 |
| VP27 - Gedenkst. | 4.12 | 35:37 | 8:38 | 3 | 3:42 | 24 | 10:54 | 157.07 | 23:12:33 | 8:51 | 9 | 6:42:18 | 95 | 9:59:35 |
| Friedrich-Ludwig | 4.78 | 40:30 | 8:28 | 4 | 12:57 | 55 | 16:07 | 161.85 | 23:53:03 | 8:51 | 9 | 6:53:32 | 94 | 10:12:52 |