



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Lange, Torsten

Club: DUV/TEA

Number: 224

Course: 161.85 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 24:25:18

Speed: 6.59 km/h

Running performance: 9:03 min/km

Rank in course/Total: 111 (of 296)

Rank in course/Men: 98 (of 247)

Best time in course: 13:40:11

Rank in category: 25(of 53)

Best time in the category: 15:34:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|---------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--------|----------|--------|-----|---------|-----|-------------|----------------|------------|---------------|
| | | | | | | | | km | Time | min/km | Pos | Behind | Pos | | | | |
| VP1 - S-Bahnhof | 6.93 | 40:18 | 5:48 | 12 | 8:02 | 54 | 8:02 | 6.93 | 40:18 | 5:48 | 12 | 8:02 | 54 | 8:02 | | | |
| VP2 - Laufftreff Li | 5.70 | 33:00 | 5:47 | 14 | 7:04 | 54 | 7:04 | 12.63 | 1:13:18 | 5:48 | 12 | 15:05 | 53 | 15:06 | | | |
| VP3 - Oranienbur | 5.47 | 31:41 | 5:47 | 11 | 7:55 | 53 | 7:55 | 18.10 | 1:44:59 | 5:48 | 10 | 23:00 | 48 | 23:00 | | | |
| VP4 - Naturschut | 4.97 | 30:50 | 6:12 | 8 | 7:41 | 43 | 7:41 | 23.07 | 2:15:49 | 5:53 | 10 | 30:41 | 44 | 30:41 | | | |
| VP5 - Frohnau | 6.80 | 40:56 | 6:01 | 15 | 10:30 | 56 | 10:38 | 29.87 | 2:56:45 | 5:55 | 11 | 41:11 | 49 | 41:13 | | | |
| VP6 - Ruderclub | 4.06 | 28:41 | 7:03 | 18 | 10:11 | 73 | 10:12 | 33.93 | 3:25:26 | 6:03 | 11 | 51:22 | 47 | 51:25 | | | |
| VP7 - Grenzturm | 4.75 | 30:05 | 6:19 | 17 | 7:47 | 60 | 9:17 | 38.68 | 3:55:31 | 6:05 | 12 | 59:09 | 50 | 1:00:42 | | | |
| VP8 - Schönwald | 7.53 | 53:26 | 7:05 | 19 | 15:41 | 74 | 17:50 | 46.21 | 4:48:57 | 6:15 | 13 | 1:14:50 | 56 | 1:18:32 | | | |
| VP9 - Falkenseer | 5.69 | 48:02 | 8:26 | 31 | 17:30 | 135 | 20:54 | 51.90 | 5:36:59 | 6:29 | 16 | 1:32:20 | 66 | 1:39:26 | | | |
| VP10 - Karolinenl | 6.60 | 56:41 | 8:35 | 34 | 21:39 | 121 | 26:32 | 58.50 | 6:33:40 | 6:43 | 17 | 1:51:08 | 67 | 2:05:58 | | | |
| VP11 - Pagel & Fi | 4.90 | 38:28 | 7:51 | 17 | 11:46 | 63 | 15:43 | 63.40 | 7:12:08 | 6:48 | 17 | 2:02:45 | 62 | 2:21:41 | | | |
| VP12 - Schloss S | 7.62 | 1:01:48 | 8:06 | 14 | 18:22 | 53 | 26:01 | 71.02 | 8:13:56 | 6:57 | 15 | 2:20:58 | 60 | 2:47:42 | | | |
| VP13 - Revierförs | 6.21 | 49:04 | 7:54 | 18 | 13:50 | 61 | 19:24 | 77.23 | 9:03:00 | 7:01 | 15 | 2:33:19 | 57 | 3:07:06 | | | |
| VP14 - Brauhaus | 6.00 | 49:49 | 8:18 | 22 | 15:37 | 73 | 20:17 | 83.23 | 9:52:49 | 7:07 | 15 | 2:45:13 | 57 | 3:27:23 | | | |
| VP15 - Gedenkst. | 6.90 | 1:03:11 | 9:09 | 30 | 27:03 | 116 | 28:28 | 90.13 | 10:56:00 | 7:16 | 18 | 3:02:24 | 63 | 3:55:51 | | | |
| VP16 - Königswe | 6.87 | 1:01:02 | 8:53 | 20 | 16:13 | 75 | 27:18 | 97.00 | 11:57:02 | 7:23 | 18 | 3:15:09 | 62 | 4:23:09 | | | |
| VP17 - Sportplatz | 6.20 | 56:04 | 9:02 | 16 | 21:28 | 49 | 24:27 | 103.20 | 12:53:06 | 7:29 | 16 | 3:34:06 | 56 | 4:47:36 | | | |
| VP18 - Osdorfer | 6.49 | 59:56 | 9:14 | 25 | 16:40 | 95 | 25:59 | 109.69 | 13:53:02 | 7:35 | 17 | 3:50:46 | 57 | 5:13:35 | | | |
| VP19 - Lichtenrau | 5.71 | 48:01 | 8:24 | 18 | 12:58 | 58 | 18:42 | 115.40 | 14:41:03 | 7:38 | 17 | 3:59:27 | 59 | 5:32:17 | | | |
| VP20 - Kirchhain | 4.35 | 46:17 | 10:38 | 25 | 16:37 | 91 | 21:59 | 119.75 | 15:27:20 | 7:44 | 18 | 4:16:04 | 60 | 5:54:16 | | | |
| VP21 - Buckow | 6.15 | 1:09:07 | 11:14 | 30 | 30:45 | 127 | 34:07 | 125.90 | 16:36:27 | 7:54 | 18 | 4:43:25 | 63 | 6:28:23 | | | |
| VP22 - Rudow | 4.97 | 1:04:51 | 13:02 | 36 | 34:32 | 161 | 43:28 | 130.87 | 17:41:18 | 8:06 | 18 | 5:06:31 | 68 | 7:04:35 | | | |
| VP23 - Johannistl | 5.89 | 1:13:27 | 12:28 | 34 | 36:36 | 144 | 39:46 | 136.76 | 18:54:45 | 8:17 | 21 | 5:41:40 | 72 | 7:44:21 | | | |
| VP24 - Dammwe | 5.64 | 1:10:13 | 12:26 | 34 | 38:32 | 147 | 38:32 | 142.40 | 20:04:58 | 8:27 | 21 | 6:20:12 | 73 | 8:22:32 | | | |
| VP25 - Eas Side | 6.33 | 1:29:51 | 14:11 | 38 | 52:31 | 169 | 52:31 | 148.73 | 21:34:49 | 8:42 | 23 | 7:12:43 | 85 | 9:12:19 | | | |
| VP26 - Checkpoir | 4.22 | 52:45 | 12:30 | 37 | 29:52 | 158 | 29:52 | 152.95 | 22:27:34 | 8:48 | 24 | 7:42:35 | 92 | 9:41:00 | | | |
| VP27 - Gedenkst. | 4.12 | 56:26 | 13:41 | 34 | 31:43 | 149 | 31:43 | 157.07 | 23:24:00 | 8:56 | 24 | 8:14:18 | 96 | 10:11:02 | | | |
| Friedrich-Ludwig | 4.78 | 1:01:18 | 12:49 | 39 | 36:55 | 167 | 36:55 | 161.85 | 24:25:18 | 9:03 | 25 | 8:51:13 | 98 | 10:45:07 | | | |