



100MeilenBerlin □ Der Mauerweglauf Berlin / 15.08.2015

Detailed evaluation

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Club: German Coast Guard Warnemünde
Number: 179

Course: 161.85 km
100MeilenBerlin

Category:
Senioren M50 (50-54 Jahre)

Total time: 24:25:18

Speed: 6.59 km/h
Running performance: 9:03 min/km

Rank in course/Total: 112 (of 296)

Rank in course/Men: 98 (of 247)

Best time in course: 13:40:11

Rank in category: 21(of 51)

Best time in the category: 18:03:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - S-Bahnhof	6.93	40:22	5:49	10	7:04	55	8:06	6.93	40:22	5:49	10	7:04	55	8:06
VP2 - Laufftreff Li	5.70	34:09	5:59	12	6:30	72	8:13	12.63	1:14:31	5:53	12	13:34	64	16:19
VP3 - Oranienbur	5.47	32:30	5:56	15	6:18	70	8:44	18.10	1:47:01	5:54	11	19:45	66	25:02
VP4 - Naturschut	4.97	35:58	7:14	25	11:07	118	12:49	23.07	2:22:59	6:11	17	30:52	85	37:51
VP5 - Frohnau	6.80	45:52	6:44	23	13:08	119	15:34	29.87	3:08:51	6:19	18	44:00	91	53:19
VP6 - Ruderclub	4.06	29:31	7:16	19	8:02	86	11:02	33.93	3:38:22	6:26	17	52:02	86	1:04:21
VP7 - Grenzturm	4.75	34:24	7:14	25	9:01	125	13:36	38.68	4:12:46	6:32	17	1:01:03	87	1:17:57
VP8 - Schönwald	7.53	52:17	6:56	12	9:50	67	16:41	46.21	5:05:03	6:36	16	1:10:53	78	1:34:38
VP9 - Falkenseer	5.69	43:47	7:41	20	9:57	91	16:39	51.90	5:48:50	6:43	16	1:20:50	78	1:51:17
VP10 - Karolinenl	6.60	48:30	7:20	12	8:18	57	18:21	58.50	6:37:20	6:47	16	1:28:51	79	2:09:38
VP11 - Pagel & Fi	4.90	46:15	9:26	24	16:08	121	23:30	63.40	7:23:35	6:59	12	1:43:15	75	2:33:08
VP12 - Schloss S	7.62	1:04:17	8:26	13	16:04	63	28:30	71.02	8:27:52	7:09	12	1:59:19	69	3:01:38
VP13 - Revierförs	6.21	48:41	7:50	13	7:52	59	19:01	77.23	9:16:33	7:12	13	2:07:01	68	3:20:39
VP14 - Brauhaus	6.00	50:43	8:27	15	8:32	83	21:11	83.23	10:07:16	7:17	12	2:15:08	67	3:41:50
VP15 - Gedenkst.	6.90	56:23	8:10	18	11:15	65	21:40	90.13	11:03:39	7:21	13	2:21:44	66	4:03:30
VP16 - Königswe	6.87	1:07:47	9:51	28	19:05	134	34:03	97.00	12:11:26	7:32	14	2:40:49	70	4:37:33
VP17 - Sportplatz	6.20	1:19:58	12:53	31	35:09	147	48:21	103.20	13:31:24	7:51	15	3:15:13	78	5:25:54
VP18 - Osdorfer	6.49	50:31	7:47	6	4:10	37	16:34	109.69	14:21:55	7:51	14	3:17:22	72	5:42:28
VP19 - Lichtenra	5.71	51:20	8:59	16	11:22	81	22:01	115.40	15:13:15	7:54	14	3:25:40	72	6:04:29
VP20 - Kirchhain	4.35	42:08	9:41	11	10:51	64	17:50	119.75	15:55:23	7:58	14	3:32:08	70	6:22:19
VP21 - Buckow	6.15	1:01:12	9:57	15	17:54	83	26:12	125.90	16:56:35	8:04	14	3:47:24	72	6:48:31
VP22 - Rudow	4.97	1:00:06	12:05	33	22:45	137	38:43	130.87	17:56:41	8:13	14	4:05:34	74	7:19:58
VP23 - Johannistl	5.89	1:07:45	11:30	30	22:03	119	34:04	136.76	19:04:26	8:22	15	4:25:53	78	7:54:02
VP24 - Dammwe	5.64	1:13:27	13:01	34	32:56	158	41:46	142.40	20:17:53	8:33	16	4:48:55	83	8:35:27
VP25 - Eas Side	6.33	1:21:05	12:48	32	33:09	149	43:45	148.73	21:38:58	8:44	18	5:16:12	88	9:16:28
VP26 - Checkpoir	4.22	48:12	11:25	27	18:32	132	25:19	152.95	22:27:10	8:48	20	5:32:23	91	9:40:36
VP27 - Gedenkst.	4.12	57:52	14:02	32	26:45	155	33:09	157.07	23:25:02	8:56	21	5:55:31	97	10:12:04
Friedrich-Ludwig	4.78	1:00:16	12:36	37	32:18	165	35:53	161.85	24:25:18	9:03	21	6:21:27	98	10:45:07