



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Glogger, Bertram

Club: DUV

Number: 187

Course: 161.85 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 24:58:01

Speed: 6.45 km/h

Running performance: 9:16 min/km

Rank in course/Total: 118 (of 296)

Rank in course/Men: 104 (of 247)

Best time in course: 13:40:11

Rank in category: 10(of 32)

Best time in the category: 16:59:31

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
VP1 - S-Bahnhof	6.93	43:33	6:17	12	8:20	96	11:17	6.93	43:33	6:17	12	8:20	96	11:17	
VP2 - Laufftreff Li	5.70	36:32	6:24	12	6:21	102	10:36	12.63	1:20:05	6:20	12	14:41	100	21:53	
VP3 - Oranienbur	5.47	33:25	6:06	10	4:44	83	9:39	18.10	1:53:30	6:16	12	19:25	96	31:31	
VP4 - Naturschut	4.97	33:02	6:38	7	4:38	76	9:53	23.07	2:26:32	6:21	11	24:03	92	41:24	
VP5 - Frohnau	6.80	41:48	6:08	7	5:21	66	11:30	29.87	3:08:20	6:18	10	29:24	88	52:48	
VP6 - Ruderclub	4.06	28:57	7:07	8	5:35	79	10:28	33.93	3:37:17	6:24	10	34:59	83	1:03:16	
VP7 - Grenzturm	4.75	31:36	6:39	8	5:07	74	10:48	38.68	4:08:53	6:26	10	40:06	80	1:14:04	
VP8 - Schönwald	7.53	1:02:07	8:14	14	19:25	154	26:31	46.21	5:11:00	6:43	9	59:31	87	1:40:35	
VP9 - Falkenseer	5.69	37:17	6:33	3	3:33	34	10:09	51.90	5:48:17	6:42	9	1:03:04	76	1:50:44	
VP10 - Karolinenl	6.60	48:54	7:24	6	10:40	60	18:45	58.50	6:37:11	6:47	9	1:13:44	78	2:09:29	
VP11 - Pagel & Fi	4.90	45:23	9:15	13	12:57	117	22:38	63.40	7:22:34	6:58	8	1:26:23	74	2:32:07	
VP12 - Schloss S	7.62	1:04:28	8:27	8	18:43	64	28:41	71.02	8:27:02	7:08	8	1:45:06	68	3:00:48	
VP13 - Revierförs	6.21	51:06	8:13	9	9:36	81	21:26	77.23	9:18:08	7:13	8	1:54:42	69	3:22:14	
VP14 - Brauhaus	6.00	49:05	8:10	7	9:53	61	19:33	83.23	10:07:13	7:17	8	2:04:35	66	3:41:47	
VP15 - Gedenkst.	6.90	1:00:40	8:47	11	17:30	101	25:57	90.13	11:07:53	7:24	8	2:21:56	69	4:07:44	
VP16 - Königswe	6.87	1:02:52	9:09	10	17:55	94	29:08	97.00	12:10:45	7:32	8	2:35:38	66	4:36:52	
VP17 - Sportplatz	6.20	1:02:18	10:02	8	19:25	69	30:41	103.20	13:13:03	7:41	8	2:53:16	66	5:07:33	
VP18 - Osdorfer	6.49	57:59	8:56	9	18:00	80	24:02	109.69	14:11:02	7:45	8	3:11:16	65	5:31:35	
VP19 - Lichtenra	5.71	55:26	9:42	14	18:47	109	26:07	115.40	15:06:28	7:51	8	3:30:03	67	5:57:42	
VP20 - Kirchhain	4.35	52:11	11:59	13	24:03	131	27:53	119.75	15:58:39	8:00	8	3:54:06	73	6:25:35	
VP21 - Buckow	6.15	1:04:47	10:32	12	23:48	100	29:47	125.90	17:03:26	8:07	8	4:17:54	73	6:55:22	
VP22 - Rudow	4.97	1:00:24	12:09	15	27:57	139	39:01	130.87	18:03:50	8:16	8	4:45:51	80	7:27:07	
VP23 - Johannistl	5.89	1:12:18	12:16	14	34:28	138	38:37	136.76	19:16:08	8:27	8	5:20:19	81	8:05:44	
VP24 - Dammwe	5.64	1:18:10	13:51	19	42:09	174	46:29	142.40	20:34:18	8:40	9	6:02:28	88	8:51:52	
VP25 - Eas Side	6.33	1:32:15	14:34	19	46:39	174	54:55	148.73	22:06:33	8:55	10	6:48:45	101	9:44:03	
VP26 - Checkpoir	4.22	54:55	13:00	19	27:36	167	32:02	152.95	23:01:28	9:01	10	7:03:08	102	10:14:54	
VP27 - Gedenkst.	4.12	1:01:35	14:56	18	29:40	166	36:52	157.07	24:03:03	9:11	10	7:32:48	102	10:50:05	
Friedrich-Ludwig	4.78	54:58	11:29	15	27:25	148	30:35	161.85	24:58:01	9:15	10	7:58:30	104	11:17:50	