



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

## Detailed evaluation

Blisse, Nina

Club: LG Mauerweg Berlin e.V.  
Number: 13

Course: 161.85 km  
100MeilenBerlin

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 25:35:23

Speed: 6.29 km/h  
Running performance: 9:29 min/km

Rank in course/Total: 124 (of 296)

Rank in course/Women: 15 (of 49)

Best time in course: 15:57:39

Rank in category: 3(of 7)

Best time in the category: 22:52:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - S-Bahnhof	6.93	46:12	6:40	4	4:36	19	8:03	6.93	46:12	6:40	4	4:36	19	8:03
VP2 - Laufftreff Li	5.70	40:06	7:02	5	4:59	26	8:02	12.63	1:26:18	6:49	4	7:44	24	15:43
VP3 - Oranienbur	5.47	35:52	6:33	3	2:29	16	6:35	18.10	2:02:10	6:44	4	10:13	22	22:07
VP4 - Naturschut	4.97	42:40	8:35	5	9:40	32	14:32	23.07	2:44:50	7:08	4	19:53	23	36:39
VP5 - Frohnau	6.80	55:02	8:05	4	13:20	34	18:19	29.87	3:39:52	7:21	4	33:13	26	54:58
VP6 - Ruderclub	4.06	37:06	9:08	5	10:40	28	15:06	33.93	4:16:58	7:34	5	43:53	29	1:10:04
VP7 - Grenzturm	4.75	36:01	7:34	4	6:52	21	10:22	38.68	4:52:59	7:34	5	50:45	24	1:20:26
VP8 - Schönwald	7.53	1:00:27	8:01	3	7:58	20	18:51	46.21	5:53:26	7:38	4	58:43	21	1:39:17
VP9 - Falkenseer	5.69	45:23	7:58	3	9:17	14	13:26	51.90	6:38:49	7:41	4	1:08:00	21	1:52:43
VP10 - Karolinenl	6.60	56:46	8:36	3	15:44	16	19:31	58.50	7:35:35	7:47	4	1:23:44	20	2:12:14
VP11 - Pagel & Fi	4.90	48:37	9:55	5	15:56	25	20:49	63.40	8:24:12	7:57	4	1:39:40	18	2:33:03
VP12 - Schloss S	7.62	1:13:20	9:37	4	14:39	15	29:34	71.02	9:37:32	8:07	4	1:54:19	17	3:02:37
VP13 - Revierförs	6.21	47:12	7:36	2	5:09	5	10:29	77.23	10:24:44	8:05	4	1:59:28	16	3:13:06
VP14 - Brauhaus	6.00	50:06	8:20	3	11:45	10	12:46	83.23	11:14:50	8:06	4	2:11:13	16	3:25:52
VP15 - Gedenkst.	6.90	57:12	8:17	4	10:38	11	18:37	90.13	12:12:02	8:07	4	2:21:51	16	3:44:29
VP16 - Königswe	6.87	1:02:36	9:06	4	17:58	15	21:01	97.00	13:14:38	8:11	4	2:39:49	16	4:05:30
VP17 - Sportplatz	6.20	1:13:56	11:55	4	30:12	18	38:57	103.20	14:28:34	8:24	4	2:56:06	16	4:44:27
VP18 - Osdorfer	6.49	57:31	8:51	5	18:03	13	18:03	109.69	15:26:05	8:26	4	3:09:31	15	4:55:01
VP19 - Lichtenra	5.71	57:45	10:06	5	21:29	17	21:40	115.40	16:23:50	8:31	4	3:25:50	15	5:16:41
VP20 - Kirchhain	4.35	1:45:39	24:17	6	1:13:26	38	1:18:46	119.75	18:09:29	9:05	4	4:39:16	19	6:35:27
VP21 - Buckow	6.15	53:07	8:38	3	7:50	7	16:31	125.90	19:02:36	9:04	4	4:47:06	18	6:51:58
VP22 - Rudow	4.97	42:03	8:27	2	0:25	3	9:54	130.87	19:44:39	9:03	4	4:41:20	16	7:01:52
VP23 - Johannistl	5.89	1:09:36	11:48	4	15:14	20	32:05	136.76	20:54:15	9:10	3	1:56:57	15	7:33:57
VP24 - Dammwe	5.64	1:09:50	12:22	3	18:44	26	34:14	142.40	22:04:05	9:17	3	2:15:41	15	8:08:11
VP25 - Eas Side	6.33	1:21:02	12:48	4	10:55	30	40:56	148.73	23:25:07	9:26	3	2:26:36	15	8:49:07
VP26 - Checkpoir	4.22	45:23	10:45	3	4:32	22	19:14	152.95	24:10:30	9:29	3	2:31:08	15	9:08:21
VP27 - Gedenkst.	4.12	39:37	9:36	2	1:03	9	12:05	157.07	24:50:07	9:29	3	2:32:11	15	9:20:26
Friedrich-Ludwig	4.78	45:16	9:28	2	10:26	16	17:18	161.85	25:35:23	9:29	3	2:42:37	15	9:37:44