



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Seifert, Anja

Club: PSV Kamenz
Number: 51

Course: 161.85 km
100MeilenBerlin

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 27:01:28

Speed: 5.96 km/h
Running performance: 10:01 min/km

Rank in course/Total: 150 (of 296)

Rank in course/Women: 19 (of 49)

Best time in course: 15:57:39

Rank in category: 4(of 7)

Best time in the category: 22:52:46

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| VP1 - S-Bahnhof | 6.93 | 48:54 | 7:03 | 5 | 7:18 | 30 | 10:45 | 6.93 | 48:54 | 7:03 | 5 | 7:18 | 30 | 10:45 |
| VP2 - Laufftreff Li | 5.70 | 39:58 | 7:00 | 4 | 4:51 | 25 | 7:54 | 12.63 | 1:28:52 | 7:02 | 5 | 10:18 | 28 | 18:17 |
| VP3 - Oranienbur | 5.47 | 38:41 | 7:04 | 5 | 5:18 | 25 | 9:24 | 18.10 | 2:07:33 | 7:02 | 5 | 15:36 | 27 | 27:30 |
| VP4 - Naturschut | 4.97 | 37:31 | 7:32 | 4 | 4:31 | 19 | 9:23 | 23.07 | 2:45:04 | 7:09 | 5 | 20:07 | 24 | 36:53 |
| VP5 - Frohnau | 6.80 | 55:04 | 8:05 | 5 | 13:22 | 35 | 18:21 | 29.87 | 3:40:08 | 7:22 | 5 | 33:29 | 27 | 55:14 |
| VP6 - Ruderclub | 4.06 | 34:25 | 8:28 | 3 | 7:59 | 20 | 12:25 | 33.93 | 4:14:33 | 7:30 | 4 | 41:28 | 26 | 1:07:39 |
| VP7 - Grenzturm | 4.75 | 38:22 | 8:04 | 5 | 9:13 | 25 | 12:43 | 38.68 | 4:52:55 | 7:34 | 4 | 50:41 | 23 | 1:20:22 |
| VP8 - Schönwald | 7.53 | 1:02:41 | 8:19 | 4 | 10:12 | 24 | 21:05 | 46.21 | 5:55:36 | 7:41 | 5 | 1:00:53 | 22 | 1:41:27 |
| VP9 - Falkenseer | 5.69 | 52:51 | 9:17 | 5 | 16:45 | 29 | 20:54 | 51.90 | 6:48:27 | 7:52 | 5 | 1:17:38 | 24 | 2:02:21 |
| VP10 - Karolinenl | 6.60 | 1:06:53 | 10:08 | 5 | 25:51 | 34 | 29:38 | 58.50 | 7:55:20 | 8:07 | 5 | 1:43:29 | 25 | 2:31:59 |
| VP11 - Pagel & Fi | 4.90 | 45:01 | 9:11 | 4 | 12:20 | 20 | 17:13 | 63.40 | 8:40:21 | 8:12 | 5 | 1:55:49 | 24 | 2:49:12 |
| VP12 - Schloss S | 7.62 | 1:24:02 | 11:01 | 6 | 25:21 | 34 | 40:16 | 71.02 | 10:04:23 | 8:30 | 5 | 2:21:10 | 24 | 3:29:28 |
| VP13 - Revierförs | 6.21 | 56:02 | 9:01 | 5 | 13:59 | 21 | 19:19 | 77.23 | 11:00:25 | 8:33 | 5 | 2:35:09 | 24 | 3:48:47 |
| VP14 - Brauhaus | 6.00 | 1:02:46 | 10:27 | 5 | 24:25 | 32 | 25:26 | 83.23 | 12:03:11 | 8:41 | 5 | 2:59:34 | 24 | 4:14:13 |
| VP15 - Gedenkst. | 6.90 | 1:17:02 | 11:09 | 5 | 30:28 | 30 | 38:27 | 90.13 | 13:20:13 | 8:52 | 5 | 3:30:02 | 26 | 4:52:40 |
| VP16 - Königswe | 6.87 | 1:11:27 | 10:24 | 5 | 26:49 | 22 | 29:52 | 97.00 | 14:31:40 | 8:59 | 5 | 3:56:51 | 26 | 5:22:32 |
| VP17 - Sportplatz | 6.20 | 1:35:34 | 15:24 | 6 | 51:50 | 37 | 1:00:35 | 103.20 | 16:07:14 | 9:22 | 5 | 4:34:46 | 27 | 6:23:07 |
| VP18 - Osdorfer | 6.49 | 1:05:26 | 10:04 | 6 | 25:58 | 20 | 25:58 | 109.69 | 17:12:40 | 9:24 | 5 | 4:56:06 | 26 | 6:41:36 |
| VP19 - Lichtenra | 5.71 | 1:06:47 | 11:41 | 6 | 30:31 | 30 | 30:42 | 115.40 | 18:19:27 | 9:31 | 5 | 5:21:27 | 26 | 7:12:18 |
| VP20 - Kirchhain | 4.35 | 1:01:58 | 14:14 | 5 | 29:45 | 32 | 35:05 | 119.75 | 19:21:25 | 9:41 | 5 | 5:51:12 | 27 | 7:47:23 |
| VP21 - Buckow | 6.15 | 46:31 | 7:33 | 2 | 1:14 | 3 | 9:55 | 125.90 | 20:07:56 | 9:35 | 6 | 5:52:26 | 24 | 7:57:18 |
| VP22 - Rudow | 4.97 | 49:43 | 10:00 | 5 | 8:05 | 13 | 17:34 | 130.87 | 20:57:39 | 9:36 | 5 | 5:54:20 | 21 | 8:14:52 |
| VP23 - Johannistl | 5.89 | 54:22 | 9:13 | 1 | - | 8 | 16:51 | 136.76 | 21:52:01 | 9:35 | 4 | 2:54:43 | 19 | 8:31:43 |
| VP24 - Dammwe | 5.64 | 1:12:37 | 12:52 | 4 | 21:31 | 30 | 37:01 | 142.40 | 23:04:38 | 9:43 | 4 | 3:16:14 | 19 | 9:08:44 |
| VP25 - Eas Side | 6.33 | 1:20:17 | 12:40 | 3 | 10:10 | 27 | 40:11 | 148.73 | 24:24:55 | 9:50 | 4 | 3:26:24 | 19 | 9:48:55 |
| VP26 - Checkpoir | 4.22 | 50:08 | 11:52 | 4 | 9:17 | 28 | 23:59 | 152.95 | 25:15:03 | 9:54 | 4 | 3:35:41 | 20 | 10:12:54 |
| VP27 - Gedenkst. | 4.12 | 51:59 | 12:37 | 4 | 13:25 | 29 | 24:27 | 157.07 | 26:07:02 | 9:58 | 4 | 3:49:06 | 19 | 10:37:21 |
| Friedrich-Ludwig | 4.78 | 54:26 | 11:23 | 3 | 19:36 | 30 | 26:28 | 161.85 | 27:01:28 | 10:01 | 4 | 4:08:42 | 19 | 11:03:49 |