



# 100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

## Detailed evaluation

**Rump, Eckhard**

Club: LG Oelde/Wadersloh

Number: 155

Course: 161.85 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 28:10:49

Speed: 5.71 km/h

Running performance: 10:27 min/km

Rank in course/Total: 182 (of 296)

Rank in course/Men: 157 (of 247)

Best time in course: 13:40:11

Rank in category: 32(of 51)

Best time in the category: 18:03:51

| Intermediate times  |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control             | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof     | 6.93     | 49:26      | 7:07         | 46          | 16:08       | 206     | 17:10      | 6.93          | 49:26      | 7:07         | 46       | 16:08       | 206     | 17:10      |
| VP2 - Laufftreff Li | 5.70     | 41:35      | 7:17         | 43          | 13:56       | 202     | 15:39      | 12.63         | 1:31:01    | 7:12         | 44       | 30:04       | 206     | 32:49      |
| VP3 - Oranienbur    | 5.47     | 41:19      | 7:33         | 44          | 15:07       | 210     | 17:33      | 18.10         | 2:12:20    | 7:18         | 43       | 45:04       | 207     | 50:21      |
| VP4 - Naturschut    | 4.97     | 43:56      | 8:50         | 46          | 19:05       | 216     | 20:47      | 23.07         | 2:56:16    | 7:38         | 43       | 1:04:09     | 208     | 1:11:08    |
| VP5 - Frohnau       | 6.80     | 53:06      | 7:48         | 44          | 20:22       | 206     | 22:48      | 29.87         | 3:49:22    | 7:40         | 44       | 1:24:31     | 211     | 1:33:50    |
| VP6 - Ruderclub     | 4.06     | 36:13      | 8:55         | 37          | 14:44       | 167     | 17:44      | 33.93         | 4:25:35    | 7:49         | 43       | 1:39:15     | 202     | 1:51:34    |
| VP7 - Grenzturm     | 4.75     | 41:46      | 8:47         | 47          | 16:23       | 208     | 20:58      | 38.68         | 5:07:21    | 7:56         | 44       | 1:55:38     | 202     | 2:12:32    |
| VP8 - Schönwald     | 7.53     | 1:27:44    | 11:39        | 51          | 45:17       | 235     | 52:08      | 46.21         | 6:35:05    | 8:32         | 48       | 2:40:55     | 220     | 3:04:40    |
| VP9 - Falkenseer    | 5.69     | 1:00:41    | 10:39        | 50          | 26:51       | 221     | 33:33      | 51.90         | 7:35:46    | 8:46         | 47       | 3:07:46     | 219     | 3:38:13    |
| VP10 - Karolinenl   | 6.60     | 1:05:59    | 9:59         | 42          | 25:47       | 190     | 35:50      | 58.50         | 8:41:45    | 8:55         | 46       | 3:33:16     | 216     | 4:14:03    |
| VP11 - Pagel & Fi   | 4.90     | 56:16      | 11:28        | 41          | 26:09       | 204     | 33:31      | 63.40         | 9:38:01    | 9:07         | 43       | 3:57:41     | 213     | 4:47:34    |
| VP12 - Schloss S    | 7.62     | 1:11:25    | 9:22         | 20          | 23:12       | 110     | 35:38      | 71.02         | 10:49:26   | 9:08         | 39       | 4:20:53     | 191     | 5:23:12    |
| VP13 - Revierförs   | 6.21     | 1:09:40    | 11:13        | 42          | 28:51       | 211     | 40:00      | 77.23         | 11:59:06   | 9:18         | 40       | 4:49:34     | 200     | 6:03:12    |
| VP14 - Brauhaus     | 6.00     | 1:08:55    | 11:29        | 43          | 26:44       | 206     | 39:23      | 83.23         | 13:08:01   | 9:28         | 43       | 5:15:53     | 205     | 6:42:35    |
| VP15 - Gedenkst.    | 6.90     | 1:19:01    | 11:27        | 42          | 33:53       | 196     | 44:18      | 90.13         | 14:27:02   | 9:37         | 43       | 5:45:07     | 200     | 7:26:53    |
| VP16 - Königswe     | 6.87     | 1:34:34    | 13:45        | 43          | 45:52       | 211     | 1:00:50    | 97.00         | 16:01:36   | 9:54         | 43       | 6:30:59     | 204     | 8:27:43    |
| VP17 - Sportplatz   | 6.20     | 1:03:27    | 10:14        | 16          | 18:38       | 76      | 31:50      | 103.20        | 17:05:03   | 9:55         | 41       | 6:48:52     | 195     | 8:59:33    |
| VP18 - Osdorfer     | 6.49     | 1:05:50    | 10:08        | 27          | 19:29       | 126     | 31:53      | 109.69        | 18:10:53   | 9:56         | 37       | 7:06:20     | 179     | 9:31:26    |
| VP19 - Lichtenra    | 5.71     | 1:01:40    | 10:47        | 29          | 21:42       | 141     | 32:21      | 115.40        | 19:12:33   | 9:59         | 37       | 7:24:58     | 178     | 10:03:47   |
| VP20 - Kirchhain    | 4.35     | 55:42      | 12:48        | 30          | 24:25       | 153     | 31:24      | 119.75        | 20:08:15   | 10:05        | 35       | 7:45:00     | 173     | 10:35:11   |
| VP21 - Buckow       | 6.15     | 1:10:18    | 11:25        | 27          | 27:00       | 135     | 35:18      | 125.90        | 21:18:33   | 10:09        | 34       | 8:09:22     | 173     | 11:10:29   |
| VP22 - Rudow        | 4.97     | 1:01:06    | 12:17        | 35          | 23:45       | 146     | 39:43      | 130.87        | 22:19:39   | 10:14        | 33       | 8:28:32     | 164     | 11:42:56   |
| VP23 - Johannistl   | 5.89     | 1:04:07    | 10:53        | 28          | 18:25       | 108     | 30:26      | 136.76        | 23:23:46   | 10:15        | 33       | 8:45:13     | 160     | 12:13:22   |
| VP24 - Dammwe       | 5.64     | 58:51      | 10:26        | 20          | 18:20       | 90      | 27:10      | 142.40        | 24:22:37   | 10:16        | 33       | 8:53:39     | 155     | 12:40:11   |
| VP25 - Eas Side     | 6.33     | 1:16:27    | 12:04        | 28          | 28:31       | 127     | 39:07      | 148.73        | 25:39:04   | 10:20        | 32       | 9:16:18     | 155     | 13:16:34   |
| VP26 - Checkpoir    | 4.22     | 50:00      | 11:50        | 33          | 20:20       | 144     | 27:07      | 152.95        | 26:29:04   | 10:23        | 32       | 9:34:17     | 157     | 13:42:30   |
| VP27 - Gedenkst.    | 4.12     | 49:07      | 11:55        | 25          | 18:00       | 110     | 24:24      | 157.07        | 27:18:11   | 10:25        | 31       | 9:48:40     | 155     | 14:05:13   |
| Friedrich-Ludwig    | 4.78     | 52:38      | 11:00        | 30          | 24:40       | 133     | 28:15      | 161.85        | 28:10:49   | 10:26        | 32       | 10:06:58    | 157     | 14:30:38   |