100MeilenBerlin Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Eichner, Sigrid

Club: LG Mauerweg, 100 Marathon Club
Number: 4

Course: 161.85 km
100MeilenBerlin

Category:
Seniorinnen W75 (75 und älter)

Total time: 28:10:49

Speed: 5.74 km/h
Running performance: 10:27 min/km

Rank in course/Total: 183 (of 296)
Rank in course/Women: 26 (of 49)
Best time in course: 15:57:39

Rank in category: 1(of 2)
Best time in the category: 28:10:49

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - S-Bahnhof	6.93	53:34	7:43	2	0:56	45	15:25	6.93	53:34	7:43	2	0:56	45	15:25
VP2 - Lauftreff Li	5.70	45:45	8:01	2	0:11	46	13:41	12.63	1:39:19	7:51	2	1:07	46	28:44
VP3 - Oranienbur	5.47	44:02	8:02	1	-	42	14:45	18.10	2:23:21	7:55	1	-	45	43:18
VP4 - Naturschut	4.97	46:11	9:17	1	-	42	18:03	23.07	3:09:32	8:12	1	-	44	1:01:21
VP5 - Frohnau	6.80	54:55	8:04	1	-	33	18:12	29.87	4:04:27	8:11	1	-	43	1:19:33
VP6 - Ruderclub	4.06	40:49	10:03	1	-	37	18:49	33.93	4:45:16	8:24	1	-	43	1:38:22
VP7 - Grenzturm	4.75	44:39	9:24	1	-	42	19:00	38.68	5:29:55	8:31	1	-	42	1:57:22
VP8 - Schönwald	7.53	1:18:16	10:23	2	5:45	45	36:40	46.21	6:48:11	8:49	1	-	44	2:34:02
VP9 - Falkenseer	5.69	58:52	10:20	1	-	39	26:55	51.90	7:47:03	8:59	1	-	42	3:00:57
VP10 - Karolinenl	6.60	1:08:52	10:26	1	-	38	31:37	58.50	8:55:55	9:09	1	-	41	3:32:34
VP11 - Pagel & Fi	4.90	51:33	10:31	1	-	33	23:45	63.40	9:47:28	9:15	1	-	39	3:56:19
VP12 - Schloss Sa	7.62	1:20:20	10:32	1	-	25	36:34	71.02	11:07:48	9:24	1	-	37	4:32:53
VP13 - Revierförs	6.21	1:03:23	10:12	1	-	35	26:40	77.23	12:11:11	9:28	1	-	37	4:59:33
VP14 - Brauhaus	6.00	1:01:45	10:17	1	-	28	24:25	83.23	13:12:56	9:31	1	-	35	5:23:58
VP15 - Gedenkst	6.90	1:08:36	9:56	1	-	23	30:01	90.13	14:21:32	9:33	1	-	34	5:53:59
VP16 - Königswe	6.87	1:16:16	11:06	1	-	29	34:41	97.00	15:37:48	9:40	1	-	33	6:28:40
VP17 - Sportplatz	6.20	1:19:49	12:52	2	4:29	25	44:50	103.20	16:57:37	9:51	1	-	35	7:13:30
VP18 - Osdorfer S	6.49	1:14:50	11:31	1	-	29	35:22	109.69	18:12:27	9:57	1	-	33	7:41:23
VP19 - Lichtenra	5.71	1:00:07	10:31	1	-	20	24:02	115.40	19:12:34	9:59	1	-	32	8:05:25
VP20 - Kirchhain	4.35	55:41	12:48	1	-	22	28:48	119.75	20:08:15	10:05	1	-	33	8:34:13
VP21 - Buckow	6.15	1:07:38	10:59	1	-	19	31:02	125.90	21:15:53	10:08	1	-	33	9:05:15
VP22 - Rudow	4.97	1:03:46	12:49	1	-	28	31:37	130.87	22:19:39	10:14	1	-	30	9:36:52
VP23 - Johannisth	5.89	1:04:03	10:52	1	-	19	26:32	136.76	23:23:42	10:15	1	-	26	10:03:24
VP24 - Dammwe	5.64	58:47	10:25	1	-	12	23:11	142.40	24:22:29	10:16	1	-	25	10:26:35
VP25 - Eas Side C	6.33	1:16:34	12:05	1	-	24	36:28	148.73	25:39:03	10:20	1	-	26	11:03:03
VP26 - Checkpoi	4.22	50:00	11:50	1	-	27	23:51	152.95	26:29:03	10:23	1	-	25	11:26:54
VP27 - Gedenkst	4.12	49:08	11:55	1	-	19	21:36	157.07	27:18:11	10:25	1	-	25	11:48:30
Friedrich-Ludwig	4.78	52:38	11:00	1	-	24	24:40	161.85	28:10:49	10:26	1	-	26	12:13:10