



# 100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

## Detailed evaluation

Schaerlaeckens, Ludo

Club: WC TORNADO  
Number: 116

Course: 161.85 km  
100MeilenBerlin

Category:  
Senioren M55 (55-59 Jahre)

Total time: 29:36:00

Speed: 5.44 km/h  
Running performance: 10:58 min/km

Rank in course/Total: 208 (of 296)

Rank in course/Men: 177 (of 247)

Best time in course: 13:40:11

Rank in category: 18(of 32)

Best time in the category: 16:59:31

| Intermediate times  |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control             | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof     | 6.93     | 56:07      | 8:05         | 31          | 20:54       | 237     | 23:51      | 6.93          | 56:07      | 8:05         | 31       | 20:54       | 237     | 23:51      |
| VP2 - Laufftreff Li | 5.70     | 48:25      | 8:29         | 31          | 18:14       | 237     | 22:29      | 12.63         | 1:44:32    | 8:16         | 31       | 39:08       | 237     | 46:20      |
| VP3 - Oranienbur    | 5.47     | 45:42      | 8:21         | 31          | 17:01       | 233     | 21:56      | 18.10         | 2:30:14    | 8:18         | 31       | 56:09       | 237     | 1:08:15    |
| VP4 - Naturschut    | 4.97     | 44:50      | 9:01         | 30          | 16:26       | 222     | 21:41      | 23.07         | 3:15:04    | 8:27         | 31       | 1:12:35     | 237     | 1:29:56    |
| VP5 - Frohnau       | 6.80     | 1:05:22    | 9:36         | 31          | 28:55       | 239     | 35:04      | 29.87         | 4:20:26    | 8:43         | 31       | 1:41:30     | 238     | 2:04:54    |
| VP6 - Ruderclub     | 4.06     | 49:06      | 12:05        | 27          | 25:44       | 228     | 30:37      | 33.93         | 5:09:32    | 9:07         | 30       | 2:07:14     | 236     | 2:35:31    |
| VP7 - Grenzturm     | 4.75     | 45:43      | 9:37         | 28          | 19:14       | 226     | 24:55      | 38.68         | 5:55:15    | 9:11         | 30       | 2:26:28     | 235     | 3:00:26    |
| VP8 - Schönwald     | 7.53     | 1:20:38    | 10:42        | 29          | 37:56       | 233     | 45:02      | 46.21         | 7:15:53    | 9:25         | 30       | 3:04:24     | 235     | 3:45:28    |
| VP9 - Falkenseer    | 5.69     | 1:05:20    | 11:28        | 28          | 31:36       | 228     | 38:12      | 51.90         | 8:21:13    | 9:39         | 28       | 3:36:00     | 233     | 4:23:40    |
| VP10 - Karolinenl   | 6.60     | 1:12:44    | 11:01        | 24          | 34:30       | 216     | 42:35      | 58.50         | 9:33:57    | 9:48         | 26       | 4:10:30     | 231     | 5:06:15    |
| VP11 - Pagel & Fi   | 4.90     | 52:10      | 10:38        | 20          | 19:44       | 180     | 29:25      | 63.40         | 10:26:07   | 9:52         | 26       | 4:29:56     | 224     | 5:35:40    |
| VP12 - Schloss S    | 7.62     | 1:34:19    | 12:22        | 23          | 48:34       | 202     | 58:32      | 71.02         | 12:00:26   | 10:08        | 25       | 5:18:30     | 221     | 6:34:12    |
| VP13 - Revierförs   | 6.21     | 1:10:35    | 11:21        | 24          | 29:05       | 212     | 40:55      | 77.23         | 13:11:01   | 10:14        | 24       | 5:47:35     | 219     | 7:15:07    |
| VP14 - Brauhaus     | 6.00     | 1:04:03    | 10:40        | 22          | 24:51       | 185     | 34:31      | 83.23         | 14:15:04   | 10:16        | 25       | 6:12:26     | 219     | 7:49:38    |
| VP15 - Gedenkst.    | 6.90     | 1:21:14    | 11:46        | 25          | 38:04       | 207     | 46:31      | 90.13         | 15:36:18   | 10:23        | 25       | 6:50:21     | 216     | 8:36:09    |
| VP16 - Königswe     | 6.87     | 1:16:12    | 11:05        | 20          | 31:15       | 173     | 42:28      | 97.00         | 16:52:30   | 10:26        | 25       | 7:17:23     | 210     | 9:18:37    |
| VP17 - Sportplatz   | 6.20     | 1:26:19    | 13:55        | 20          | 43:26       | 167     | 54:42      | 103.20        | 18:18:49   | 10:38        | 25       | 7:59:02     | 208     | 10:13:19   |
| VP18 - Osdorfer     | 6.49     | 1:21:42    | 12:35        | 21          | 41:43       | 180     | 47:45      | 109.69        | 19:40:31   | 10:45        | 23       | 8:40:45     | 200     | 11:01:04   |
| VP19 - Lichtenra    | 5.71     | 1:04:49    | 11:21        | 19          | 28:10       | 162     | 35:30      | 115.40        | 20:45:20   | 10:47        | 22       | 9:08:55     | 196     | 11:36:34   |
| VP20 - Kirchhain    | 4.35     | 49:42      | 11:25        | 11          | 21:34       | 117     | 25:24      | 119.75        | 21:35:02   | 10:48        | 21       | 9:30:29     | 192     | 12:01:58   |
| VP21 - Buckow       | 6.15     | 1:09:04    | 11:13        | 15          | 28:05       | 126     | 34:04      | 125.90        | 22:44:06   | 10:50        | 21       | 9:58:34     | 193     | 12:36:02   |
| VP22 - Rudow        | 4.97     | 53:03      | 10:40        | 9           | 20:36       | 93      | 31:40      | 130.87        | 23:37:09   | 10:49        | 20       | 10:19:10    | 183     | 13:00:26   |
| VP23 - Johannistl   | 5.89     | 1:08:01    | 11:32        | 12          | 30:11       | 120     | 34:20      | 136.76        | 24:45:10   | 10:51        | 19       | 10:49:21    | 180     | 13:34:46   |
| VP24 - Dammwe       | 5.64     | 1:04:36    | 11:27        | 15          | 28:35       | 118     | 32:55      | 142.40        | 25:49:46   | 10:52        | 18       | 11:17:56    | 178     | 14:07:20   |
| VP25 - Eas Side     | 6.33     | 1:13:56    | 11:40        | 11          | 28:20       | 115     | 36:36      | 148.73        | 27:03:42   | 10:55        | 18       | 11:45:54    | 177     | 14:41:12   |
| VP26 - Checkpoir    | 4.22     | 46:15      | 10:57        | 14          | 18:56       | 124     | 23:22      | 152.95        | 27:49:57   | 10:55        | 18       | 11:51:37    | 177     | 15:03:23   |
| VP27 - Gedenkst.    | 4.12     | 49:53      | 12:06        | 14          | 17:58       | 116     | 25:10      | 157.07        | 28:39:50   | 10:56        | 18       | 12:09:35    | 176     | 15:26:52   |
| Friedrich-Ludwig    | 4.78     | 56:10      | 11:45        | 17          | 28:37       | 156     | 31:47      | 161.85        | 29:36:00   | 10:58        | 18       | 12:36:29    | 177     | 15:55:49   |