



# 100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

## Detailed evaluation

**Vettermann, Matthias**

Club: LG MuLi

Number: 292

Course: 161.85 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 16:59:31

Speed: 9.48 km/h

Running performance: 6:18 min/km

Rank in course/Total: 8 (of 296)

Rank in course/Men: 7 (of 247)

Best time in course: 13:40:11

Rank in category: 1(of 32)

Best time in the category: 16:59:31

| Intermediate times  |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control             | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - S-Bahnhof     | 6.93     | 35:13      | 5:04         | 1           | -           | 13      | 2:57       | 6.93          | 35:13      | 5:04         | 1        | -           | 13      | 2:57       |
| VP2 - Laufftreff Li | 5.70     | 30:11      | 5:17         | 1           | -           | 15      | 4:15       | 12.63         | 1:05:24    | 5:10         | 1        | -           | 14      | 7:12       |
| VP3 - Oranienbur    | 5.47     | 28:41      | 5:14         | 1           | -           | 15      | 4:55       | 18.10         | 1:34:05    | 5:11         | 1        | -           | 15      | 12:06      |
| VP4 - Naturschut    | 4.97     | 28:24      | 5:42         | 1           | -           | 20      | 5:15       | 23.07         | 2:02:29    | 5:18         | 1        | -           | 15      | 17:21      |
| VP5 - Frohnau       | 6.80     | 36:27      | 5:21         | 1           | -           | 16      | 6:09       | 29.87         | 2:38:56    | 5:19         | 1        | -           | 13      | 23:24      |
| VP6 - Ruderclub     | 4.06     | 23:22      | 5:45         | 1           | -           | 15      | 4:53       | 33.93         | 3:02:18    | 5:22         | 1        | -           | 13      | 28:17      |
| VP7 - Grenzturm     | 4.75     | 26:29      | 5:34         | 1           | -           | 15      | 5:41       | 38.68         | 3:28:47    | 5:23         | 1        | -           | 13      | 33:58      |
| VP8 - Schönwald     | 7.53     | 42:42      | 5:40         | 1           | -           | 12      | 7:06       | 46.21         | 4:11:29    | 5:26         | 1        | -           | 12      | 41:04      |
| VP9 - Falkenseer    | 5.69     | 33:44      | 5:55         | 1           | -           | 12      | 6:36       | 51.90         | 4:45:13    | 5:29         | 1        | -           | 13      | 47:40      |
| VP10 - Karolinenl   | 6.60     | 38:14      | 5:47         | 1           | -           | 8       | 8:05       | 58.50         | 5:23:27    | 5:31         | 1        | -           | 11      | 55:45      |
| VP11 - Pagel & Fi   | 4.90     | 32:44      | 6:40         | 2           | 0:18        | 22      | 9:59       | 63.40         | 5:56:11    | 5:37         | 1        | -           | 12      | 1:05:44    |
| VP12 - Schloss S    | 7.62     | 45:45      | 6:00         | 1           | -           | 8       | 9:58       | 71.02         | 6:41:56    | 5:39         | 1        | -           | 11      | 1:15:42    |
| VP13 - Revierförs   | 6.21     | 41:30      | 6:40         | 1           | -           | 15      | 11:50      | 77.23         | 7:23:26    | 5:44         | 1        | -           | 11      | 1:27:32    |
| VP14 - Brauhaus     | 6.00     | 39:12      | 6:32         | 1           | -           | 10      | 9:40       | 83.23         | 8:02:38    | 5:47         | 1        | -           | 11      | 1:37:12    |
| VP15 - Gedenkst.    | 6.90     | 43:19      | 6:16         | 2           | 0:09        | 6       | 8:36       | 90.13         | 8:45:57    | 5:50         | 1        | -           | 11      | 1:45:48    |
| VP16 - Königswe     | 6.87     | 49:10      | 7:09         | 2           | 4:13        | 16      | 15:26      | 97.00         | 9:35:07    | 5:55         | 1        | -           | 10      | 2:01:14    |
| VP17 - Sportplatz   | 6.20     | 44:40      | 7:12         | 2           | 1:47        | 12      | 13:03      | 103.20        | 10:19:47   | 6:00         | 1        | -           | 10      | 2:14:17    |
| VP18 - Osdorfer     | 6.49     | 39:59      | 6:09         | 1           | -           | 2       | 6:02       | 109.69        | 10:59:46   | 6:00         | 1        | -           | 9       | 2:20:19    |
| VP19 - Lichtenra    | 5.71     | 36:39      | 6:25         | 1           | -           | 7       | 7:20       | 115.40        | 11:36:25   | 6:02         | 1        | -           | 9       | 2:27:39    |
| VP20 - Kirchhain    | 4.35     | 28:08      | 6:28         | 1           | -           | 3       | 3:50       | 119.75        | 12:04:33   | 6:03         | 1        | -           | 9       | 2:31:29    |
| VP21 - Buckow       | 6.15     | 40:59      | 6:39         | 1           | -           | 8       | 5:59       | 125.90        | 12:45:32   | 6:04         | 1        | -           | 9       | 2:37:28    |
| VP22 - Rudow        | 4.97     | 32:27      | 6:31         | 1           | -           | 5       | 11:04      | 130.87        | 13:17:59   | 6:05         | 1        | -           | 9       | 2:41:16    |
| VP23 - Johannistl   | 5.89     | 37:50      | 6:25         | 1           | -           | 5       | 4:09       | 136.76        | 13:55:49   | 6:06         | 1        | -           | 8       | 2:45:25    |
| VP24 - Dammwe       | 5.64     | 36:01      | 6:23         | 1           | -           | 5       | 4:20       | 142.40        | 14:31:50   | 6:07         | 1        | -           | 8       | 2:49:24    |
| VP25 - Eas Side     | 6.33     | 45:58      | 7:15         | 2           | 0:22        | 7       | 8:38       | 148.73        | 15:17:48   | 6:10         | 1        | -           | 8       | 2:55:18    |
| VP26 - Checkpoir    | 4.22     | 40:32      | 9:36         | 5           | 13:13       | 69      | 17:39      | 152.95        | 15:58:20   | 6:15         | 1        | -           | 8       | 3:11:46    |
| VP27 - Gedenkst.    | 4.12     | 31:55      | 7:44         | 1           | -           | 10      | 7:12       | 157.07        | 16:30:15   | 6:18         | 1        | -           | 8       | 3:17:17    |
| Friedrich-Ludwig    | 4.78     | 29:16      | 6:07         | 2           | 1:43        | 7       | 4:53       | 161.85        | 16:59:31   | 6:17         | 1        | -           | 7       | 3:19:20    |