



100MeilenBerlin ☐ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

Ohtonen, Jarmo

Club: Endurance
Number: 311

Course: 161.85 km
100MeilenBerlin

Category:
Senioren M55 (55-59 Jahre)

Total time: 17:56:34

Speed: 8.97 km/h
Running performance: 6:39 min/km

Rank in course/Total: 12 (of 296)

Rank in course/Men: 11 (of 247)

Best time in course: 13:40:11

Rank in category: 2(of 32)

Best time in the category: 16:59:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - S-Bahnhof	6.93	42:14	6:05	9	7:01	81	9:58	6.93	42:14	6:05	9	7:01	81	9:58
VP2 - Laufftreff Li	5.70	35:12	6:10	10	5:01	93	9:16	12.63	1:17:26	6:07	10	12:02	89	19:14
VP3 - Oranienbur	5.47	33:53	6:11	12	5:12	90	10:07	18.10	1:51:19	6:09	10	17:14	90	29:20
VP4 - Naturschut	4.97	33:35	6:45	9	5:11	81	10:26	23.07	2:24:54	6:16	9	22:25	88	39:46
VP5 - Frohnau	6.80	42:08	6:11	9	5:41	71	11:50	29.87	3:07:02	6:15	9	28:06	87	51:30
VP6 - Ruderclub	4.06	26:30	6:31	3	3:08	46	8:01	33.93	3:33:32	6:17	9	31:14	73	59:31
VP7 - Grenzturm	4.75	29:42	6:15	5	3:13	52	8:54	38.68	4:03:14	6:17	8	34:27	70	1:08:25
VP8 - Schönwald	7.53	49:44	6:36	5	7:02	47	14:08	46.21	4:52:58	6:20	8	41:29	67	1:22:33
VP9 - Falkenseer	5.69	37:53	6:39	5	4:09	42	10:45	51.90	5:30:51	6:22	7	45:38	61	1:33:18
VP10 - Karolinenl	6.60	44:53	6:48	3	6:39	36	14:44	58.50	6:15:44	6:25	5	52:17	49	1:48:02
VP11 - Pagel & Fi	4.90	33:38	6:51	3	1:12	27	10:53	63.40	6:49:22	6:27	5	53:11	49	1:58:55
VP12 - Schloss S	7.62	52:43	6:55	2	6:58	20	16:56	71.02	7:42:05	6:30	4	1:00:09	38	2:15:51
VP13 - Revierförs	6.21	43:33	7:00	2	2:03	18	13:53	77.23	8:25:38	6:32	3	1:02:12	34	2:29:44
VP14 - Brauhaus	6.00	40:50	6:48	2	1:38	11	11:18	83.23	9:06:28	6:33	3	1:03:50	30	2:41:02
VP15 - Gedenkst.	6.90	43:10	6:15	1	-	5	8:27	90.13	9:49:38	6:32	3	1:03:41	24	2:49:29
VP16 - Königswe	6.87	44:57	6:32	1	-	6	11:13	97.00	10:34:35	6:32	2	59:28	21	3:00:42
VP17 - Sportplatz	6.20	42:53	6:54	1	-	7	11:16	103.20	11:17:28	6:33	2	57:41	18	3:11:58
VP18 - Osdorfer	6.49	43:20	6:40	2	3:21	8	9:23	109.69	12:00:48	6:34	2	1:01:02	15	3:21:21
VP19 - Lichtenra	5.71	37:23	6:32	2	0:44	8	8:04	115.40	12:38:11	6:34	2	1:01:46	14	3:29:25
VP20 - Kirchhain	4.35	29:10	6:42	2	1:02	4	4:52	119.75	13:07:21	6:34	2	1:02:48	14	3:34:17
VP21 - Buckow	6.15	41:08	6:41	2	0:09	9	6:08	125.90	13:48:29	6:34	2	1:02:57	14	3:40:25
VP22 - Rudow	4.97	34:48	7:00	2	2:21	8	13:25	130.87	14:23:17	6:35	2	1:05:18	13	3:46:34
VP23 - Johannistl	5.89	40:20	6:50	2	2:30	9	6:39	136.76	15:03:37	6:36	2	1:07:48	13	3:53:13
VP24 - Dammwe	5.64	39:40	7:01	2	3:39	11	7:59	142.40	15:43:17	6:37	2	1:11:27	13	4:00:51
VP25 - Eas Side	6.33	45:36	7:12	1	-	6	8:16	148.73	16:28:53	6:38	2	1:11:05	13	4:06:23
VP26 - Checkpoir	4.22	27:19	6:28	1	-	4	4:26	152.95	16:56:12	6:38	2	57:52	12	4:09:38
VP27 - Gedenkst.	4.12	32:49	7:57	2	0:54	13	8:06	157.07	17:29:01	6:40	2	58:46	11	4:16:03
Friedrich-Ludwig	4.78	27:33	5:45	1	-	3	3:10	161.85	17:56:34	6:39	2	57:03	11	4:16:23