



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detailed evaluation

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Club: TV Eichelhain / Team Erdinger Alkoholfrei
Number: 81

Course: 161.85 km
100MeilenBerlin

Category:
Senioren M45 (45-49 Jahre)

Total time: 18:27:14

Speed: 8.72 km/h
Running performance: 6:50 min/km

Rank in course/Total: 16 (of 296)

Rank in course/Men: 15 (of 247)

Best time in course: 13:40:11

Rank in category: 5(of 53)

Best time in the category: 15:34:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - S-Bahnhof	6.93	40:07	5:47	11	7:51	50	7:51	6.93	40:07	5:47	11	7:51	50	7:51
VP2 - Laufftreff Li	5.70	32:55	5:46	12	6:59	52	6:59	12.63	1:13:02	5:46	10	14:49	50	14:50
VP3 - Oranienbur	5.47	32:14	5:53	16	8:28	66	8:28	18.10	1:45:16	5:48	11	23:17	49	23:17
VP4 - Naturschut	4.97	30:59	6:14	10	7:50	45	7:50	23.07	2:16:15	5:54	11	31:07	46	31:07
VP5 - Frohnau	6.80	41:14	6:03	16	10:48	60	10:56	29.87	2:57:29	5:56	12	41:55	51	41:57
VP6 - Ruderclub	4.06	25:48	6:21	10	7:18	35	7:19	33.93	3:23:17	5:59	10	49:13	45	49:16
VP7 - Grenzturm	4.75	28:44	6:02	12	6:26	39	7:56	38.68	3:52:01	5:59	10	55:39	44	57:12
VP8 - Schönwald	7.53	47:17	6:16	8	9:32	31	11:41	46.21	4:39:18	6:02	10	1:05:11	40	1:08:53
VP9 - Falkenseer	5.69	35:44	6:16	5	5:12	20	8:36	51.90	5:15:02	6:04	8	1:10:23	32	1:17:29
VP10 - Karolinenl	6.60	44:52	6:47	10	9:50	35	14:43	58.50	5:59:54	6:09	8	1:17:22	32	1:32:12
VP11 - Pagel & Fi	4.90	34:23	7:01	7	7:41	31	11:38	63.40	6:34:17	6:13	8	1:24:54	31	1:43:50
VP12 - Schloss S	7.62	49:28	6:29	5	6:02	14	13:41	71.02	7:23:45	6:14	7	1:30:47	25	1:57:31
VP13 - Revierförs	6.21	44:33	7:10	8	9:19	23	14:53	77.23	8:08:18	6:19	7	1:38:37	24	2:12:24
VP14 - Brauhaus	6.00	42:57	7:09	7	8:45	22	13:25	83.23	8:51:15	6:22	7	1:43:39	22	2:25:49
VP15 - Gedenkst.	6.90	47:22	6:51	6	11:14	21	12:39	90.13	9:38:37	6:25	7	1:45:01	21	2:38:28
VP16 - Königswe	6.87	50:00	7:16	5	5:11	18	16:16	97.00	10:28:37	6:28	7	1:46:44	20	2:54:44
VP17 - Sportplatz	6.20	49:21	7:57	8	14:45	24	17:44	103.20	11:17:58	6:34	6	1:58:58	19	3:12:28
VP18 - Osdorfer	6.49	48:40	7:29	5	5:24	25	14:43	109.69	12:06:38	6:37	6	2:04:22	19	3:27:11
VP19 - Lichtenra	5.71	40:41	7:07	7	5:38	21	11:22	115.40	12:47:19	6:38	6	2:05:43	18	3:38:33
VP20 - Kirchhain	4.35	33:32	7:42	6	3:52	23	9:14	119.75	13:20:51	6:41	6	2:09:35	19	3:47:47
VP21 - Buckow	6.15	39:59	6:30	2	1:37	6	4:59	125.90	14:00:50	6:40	5	2:07:48	17	3:52:46
VP22 - Rudow	4.97	42:18	8:30	6	11:59	24	20:55	130.87	14:43:08	6:44	5	2:08:21	18	4:06:25
VP23 - Johannistl	5.89	42:39	7:14	4	5:48	12	8:58	136.76	15:25:47	6:46	5	2:12:42	17	4:15:23
VP24 - Dammwe	5.64	39:10	6:56	4	7:29	10	7:29	142.40	16:04:57	6:46	5	2:20:11	15	4:22:31
VP25 - Eas Side	6.33	49:33	7:49	4	12:13	12	12:13	148.73	16:54:30	6:49	5	2:32:24	15	4:32:00
VP26 - Checkpoir	4.22	28:33	6:45	3	5:40	7	5:40	152.95	17:23:03	6:49	5	2:38:04	15	4:36:29
VP27 - Gedenkst.	4.12	34:36	8:23	4	9:53	16	9:53	157.07	17:57:39	6:51	5	2:47:57	15	4:44:41
Friedrich-Ludwig	4.78	29:35	6:11	2	5:12	8	5:12	161.85	18:27:14	6:50	5	2:53:09	15	4:47:03