



6. Drei-Kirchen-Neujahrslauf
Günthersleben / 18.01.2015

Detailed evaluation

Rueger, Manuel

Number: 138

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 39:46

Speed: 15.09 km/h

Running performance: 3:59 min/km

Rank in course/Total: 43 (of 338)

Rank in course/Men: 22 (of 260)

Best time in course: 31:03

Rank in category: 9(of 38)

Best time in the category: 31:03